



# North East and North Cumbria

Our Reference      North East & North Cumbria  
ICB\090

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18<sup>th</sup> October 2022

By Email

## **Freedom of Information Act 2000 - Request for Information – NHS North East & North Cumbria Integrated Care Board.**

Thank you for your request received by North of England Commissioning Support (NECS) on 30<sup>th</sup> September 2022 for information held by NHS North East and North Cumbria Integrated Care Board (ICB) under the provisions of the Freedom of Information Act 2000.

For information Clinical Commissioning Groups ceased to exist on 30 June 2022. Services that were previously delivered by the CCG are now being delivered by the successor organisation NHS North East and North Cumbria (ICB). This covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

### **Request**

#### **Q1 Demographics**

**We would like to know about commissioning arrangements for young people and adults with ADHD provided by integrated care boards (ICBs) across England, with a focus on primary care.**

**Q1.1 Which NHS region is your ICB located within?  
(One of: East of England, London, Midlands, North East and Yorkshire, North West, South East, South West)**

**Q1.2 Which ICB do you represent?**

**Q1.3 Please provide your details**

- a) Job Role:
- b) Name:
- c) Email address:
- d) Phone number:

**Q1.4 Please provide details of the person (if not you) within your ICB that is responsible for commissioning services to support the delivery of primary healthcare for young people and adults with ADHD.**

**For example, we are interested in: Mental health and social prescribing, Shared care arrangements and other locally enhanced services that may affect care provided for young people and adults with ADHD**

- a) Job Role:
- b) Name:
- c) Email address:
- d) Phone number:
- e) Comments:

## **Q2 Adult mental health services for ADHD**

**We would like to know about the healthcare available from adult mental health services (AMHS) for young people and adults with ADHD that are located in your ICS.**

***AMHS - Any adult mental health service including specialist ADHD teams***

***Young people and adults with ADHD - Any young person with suspected or confirmed ADHD, aged from 16 years old and upwards***

**Q2.1 Is there an NHS funded AMHS that is available to provide healthcare (diagnosis and/or management) of adult ADHD for patients within your ICS?**

- a) Yes
- b) No
- c) Do not know
- d) Not applicable

**Q2.2 If yes, roughly how long is the waiting list for patients referred to this service?**

- a) 0 months, up to 6 months
- b) 6 months, up to 12 months
- c) 12 months, up to 24 months
- d) 2 years or more
- e) Do not know

**Q2.3 In your ICB, can primary care providers refer patients using the 'right to choose' legislation to other adult healthcare services for ADHD (outside of your ICS footprint)? *For example, commissioned private adult ADHD services that are available online.***

- a) Yes
- b) No
- c) Do not know
- d) Not applicable

**Q2.4 If you would like to add anything on the 'right to choose' legislation, please comment below:**

**Q2.5 Do primary care providers in your ICS have shared care protocols/agreements in place with an AMHS to enable prescribing of adult ADHD medications through primary care? *ADHD medications - NICE guideline [NG87] recommended medications for adult ADHD.***

- a) Yes
- b) No
- c) Do not know
- d) Not applicable

**Q2.6** If you would like to add anything on shared care provision for young people with ADHD, please comment below:

### **Q3 Primary Care services for ADHD**

We would like to know about the support provided by primary care in your ICS for young people and adults with ADHD.

*This includes support from primary care providers or networks (PCNs), but not support from other services, such as secondary care, or voluntary sector organisations*

**Q3.1** Are any of the following additional roles being funded within your ICS (either via PCNs or directly)? If yes, please also indicate whether these roles are filled, in development, or if this varies by provider/PCN?

*There is space to provide any comments if necessary.*

a) Care co-ordinator:

Yes, currently filled / Yes, in development / Yes either filled or in development (varies by PCN) / No

b) Health and wellbeing coach:

Yes, currently filled / Yes , in development / Yes either filled or in development (varies by PCN) / No

c) Pharmacy technician:

Yes, currently filled / Yes , in development / Yes either filled or in development (varies by PCN) / No

d) Occupational therapist:

Yes, currently filled / Yes , in development / Yes either filled or in development (varies by PCN) / No

e) Physician associate:

Yes, currently filled / Yes , in development / Yes either filled or in development (varies by PCN) / No

f) Nursing associate:

Yes, currently filled / Yes , in development / Yes either filled or in development (varies by PCN) / No

g) Social prescribing link worker:

Yes, currently filled / Yes , in development / Yes either filled or in development (varies by PCN) / No

h) Mental health practitioner or counsellor:

Yes, currently filled / Yes , in development / Yes either filled or in development (varies by PCN) / No

i) Other (please specify):

**Q3.2 Does your ICB have any enhanced services agreed with primary care providers for prescribing and monitoring of ADHD medication?**

*This question is asking about agreements to provide additional care (in place or in development), but not about shared care.*

- a) Yes
- b) No
- c) Do not know
- d) Not applicable

**Q3.3 Does your ICB have any other enhanced services agreed with primary care providers for extended support or services for people with long term mental health conditions (such as ADHD)?**

*This question is asking about agreements to provide additional care (in place or in development), but not about shared care.*

- a) Yes
- b) No
- c) Do not know
- d) Not applicable

**Q3.4 If yes to Q3.2 or Q3.3, please list the enhanced services agreed with primary care providers in your ICS (that are relevant for people with ADHD).**

**Q3.5 If you would like to add anything about enhanced services, please comment below.**

**Q3.6 Has your ICB identified any localities within your ICS where there are inequalities in access to healthcare services for young people and adults with ADHD?**

- a) Yes
- b) No
- c) Do not know
- d) Not applicable

**Q3.7 If you would like to add anything about inequalities, please comment below.**

**Q3.8 Please list any barriers your ICB faces when commissioning effective services for young people (aged 16-25) with ADHD**

**Q3.9 If you would like to add anything to your answers, please comment below.**

**Q4.1 Thank you for taking the time to complete this survey. Would you like to be? Indicate Y for yes, N for No**

- a) Contacted about taking part in further research:
- b) Kept informed about results of this research:

**Q4.2 If you indicated yes at all in 4.1, please provide your contact details: These will be stored securely and only used for the purposes you have indicated above.**

- a) First name:
- b) Surname:
- c) Email address:
- d) Confirm email address:

## Response

### County Durham



County Durham  
response.docx

### Gateshead



Gateshead  
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### Newcastle



Newcastle  
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### North Cumbria



North Cumbria  
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### North Tyneside



North Tyneside  
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### Northumberland



Northumberland  
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### South Tyneside



South Tyneside  
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### Sunderland



Sunderland  
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### Tees Valley



Tees Valley  
response.docx

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your complaint, you may apply directly to the Information Commissioner for a decision. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by The North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

[www.ico.gov.uk](http://www.ico.gov.uk)

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk) . This will not affect your initial information request.

Yours sincerely

**Information Governance Officer**