

# Performance highlights...

12 September 2024 published data

Data used is aligned to the ICB Integrated delivery report



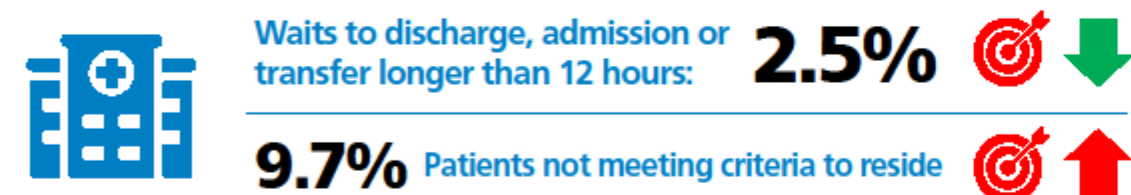
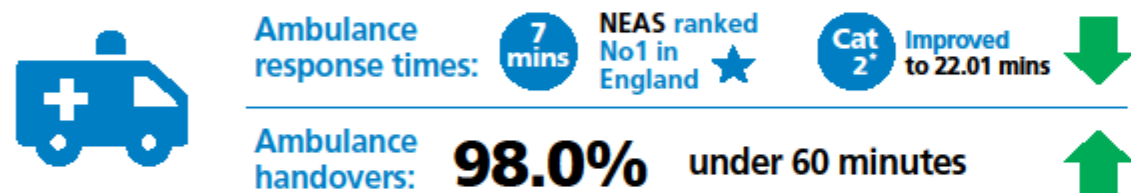
North East and North Cumbria

**KEY** Arrows - based on Statistical Process Control (SPC) trend: Green = Improving Red = Worsening | Targets - based against submitted plan: Green = on track Red = off track

## Urgent and emergency care

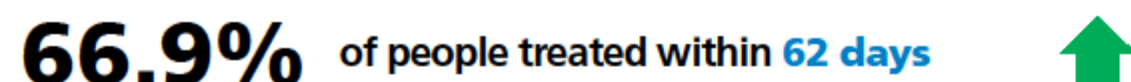
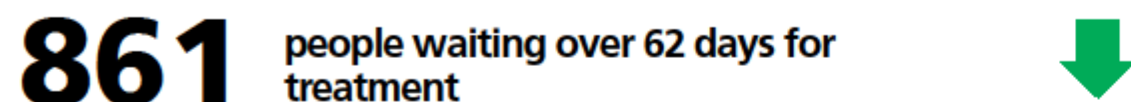
(Reporting period August 24)

\*National target of 18mins



## Cancer

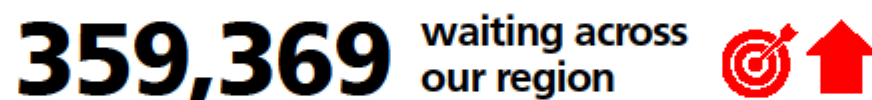
(Reporting period July 24)



## Planned elective care

(Reporting period July 24)

People waiting:



Waiting times:

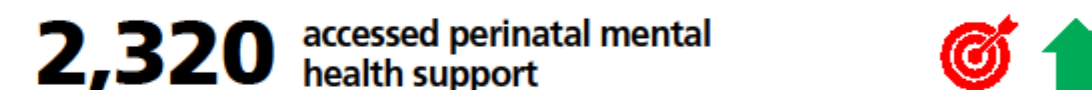
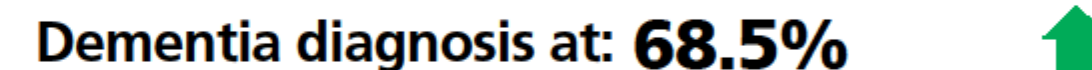


Ranked **20th** of 42 ICBs for 78+ weeks waiting for surgery - **51 people**

Ranked **1st** of 42 ICBs for people receiving treatment within 18 weeks from referral **69.0%** - national average **58.8%**

## Mental health

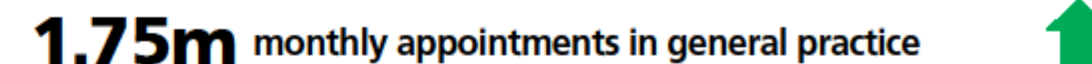
(Reporting period June - August 24)



## Primary care

(Reporting period July 24)

GP appointments:



Dentistry:



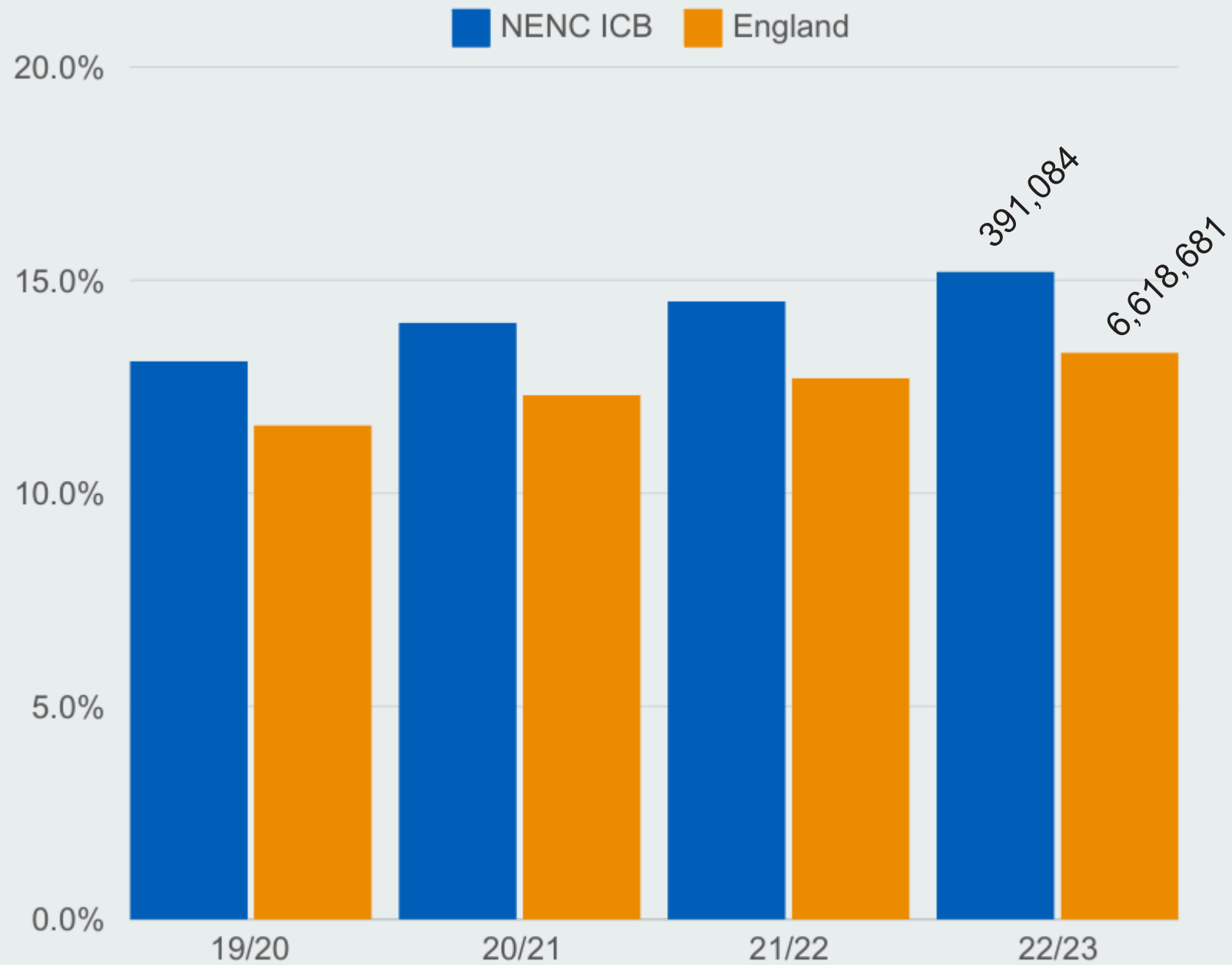


# GP Practice QOF Depression Registers As A Marker For Prevalence



**NHS**  
North East and  
North Cumbria

**3** in every **20** adults have depression



# 67,721

ADDITIONAL ADULTS DIAGNOSED



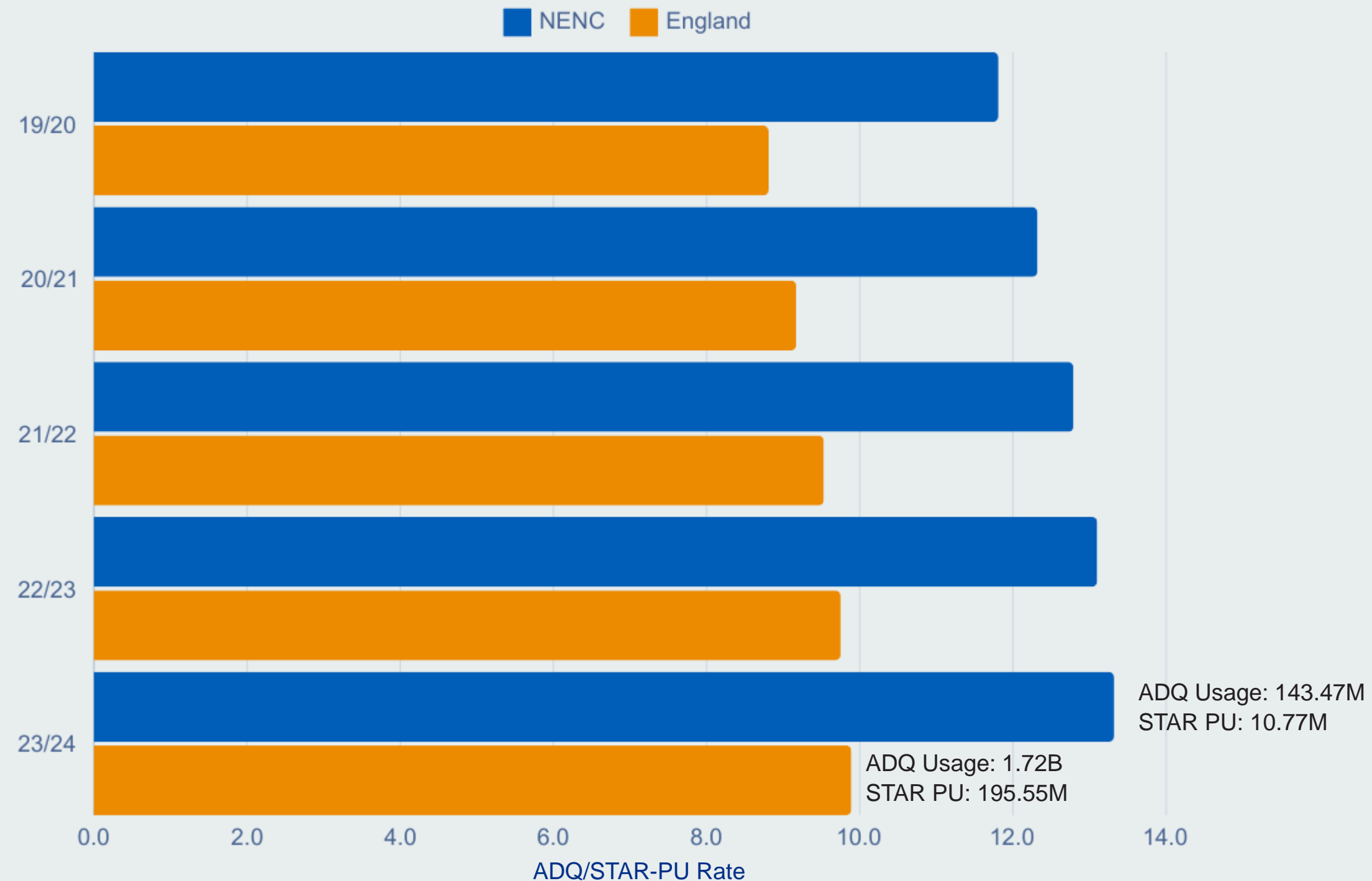
# Selective Serotonin Reuptake Inhibitor (SSRI) Prescribing



**Consistently Higher Than England Average**  
NENC consistently see higher annual rates of selective serotonin reuptake inhibitor (SSRI) prescribing than the England average.



**Bottom of The League**  
Based on the 2024/25 Q1 data, NENC currently have the highest Prescribing Unit\* rates in England.



\* Using the Average Daily Quantity (ADQ) – the typical daily dose of medication, prescribed to adult patients by GP Practices and the specific therapeutic group age-sex related prescribing unit (STAR-PU) system of measurement



# Talking Therapies Overview



## Referrals

**-18%**

19/20 vs 23/24

Referrals into Talking Therapies decreased by 18% in the 23/24 financial year compared to 19/20.



## Access

**-9%**

19/20 vs 23/24

Compared to the 19/20 financial year, 23/24 saw an 9% decrease in access into Talking Therapies.

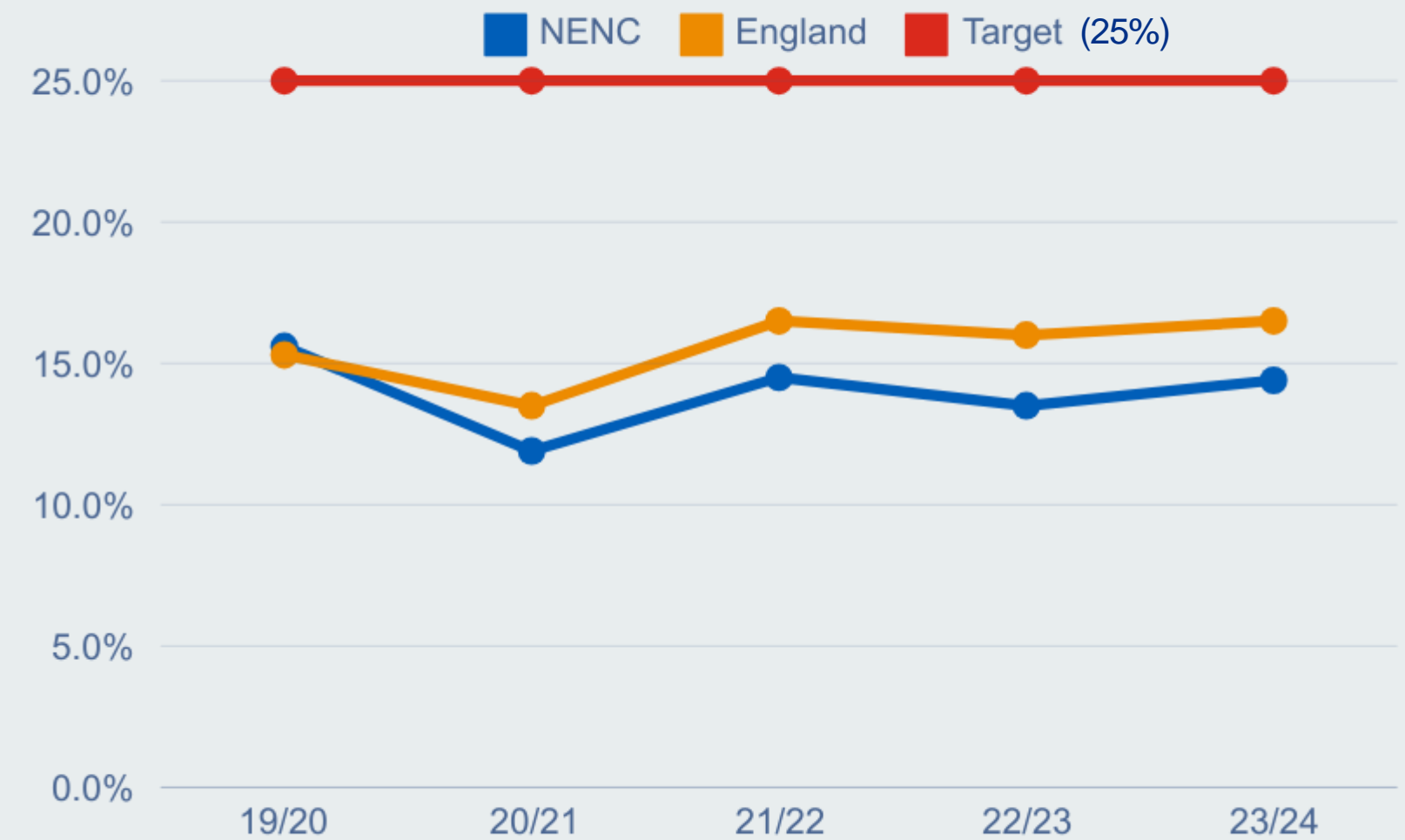
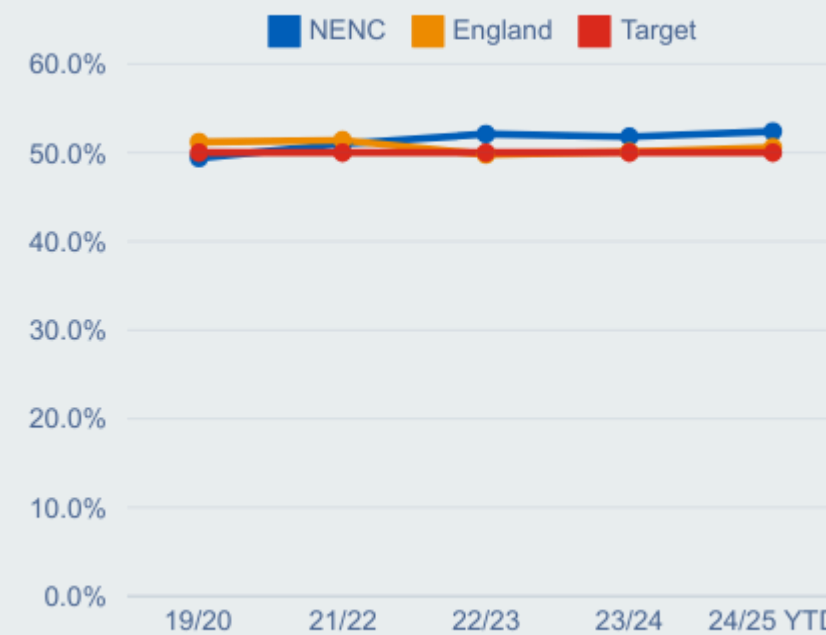


## Recovery

### Consistent Improvement

Last four financial years above the national target of 50%.

NENC continue to maintain a recovery rate above the national rate.





# Talking Therapies Feedback

My Clinician was absolutely amazing. She listened to all my concerns and worries. Made me feel at ease talking to her straight away. She was fantastic at explaining my thoughts and how to work on managing them. The tools she has given me were and still are helping me so much. Without her I don't think I would be where I am now. I am so grateful for all the help support and most of all understanding.

*Sunderland Talking Therapies Service User, February 2024*

My therapist has been incredible throughout all of my sessions. Her techniques and ability to explain things to me thoroughly were so helpful. I felt really understood by her and she has helped me 'become my own therapist' which I can't thank her enough for. She really has changed my life and I am so so grateful to have met her.

*Sunderland Talking Therapies Service User, April 2024*

Therapist was fantastic at listening and supporting me. What a wonderful service to run. I would definitely advise people not to be scared like I was and take this step.

*Sunderland Talking Therapies Service User, April 2024*

# ADHD & Autism Referrals



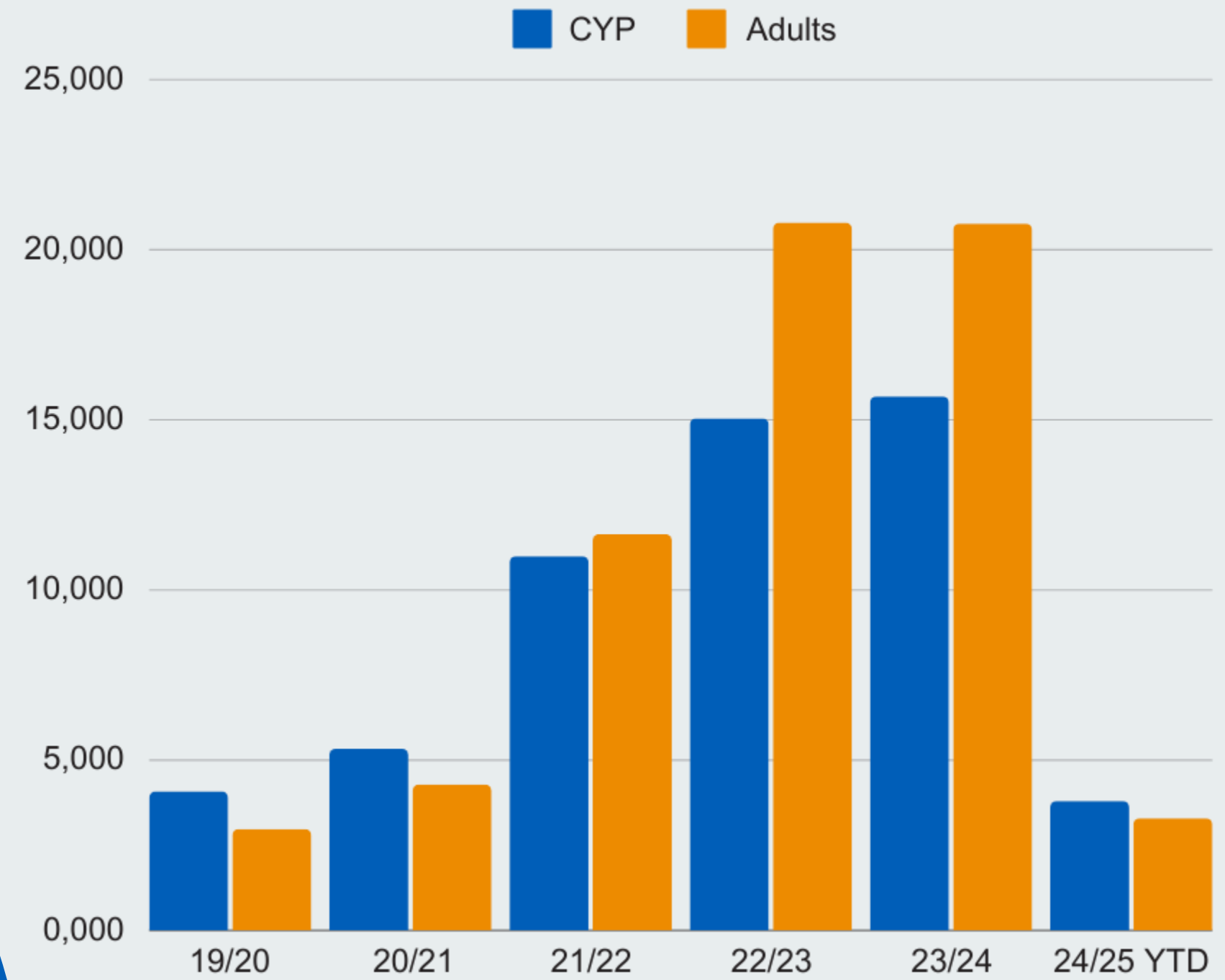
## 4x Growth

CYP referrals increased from 4,082 in 2019/20 financial year to 15,688 in 2023/24.



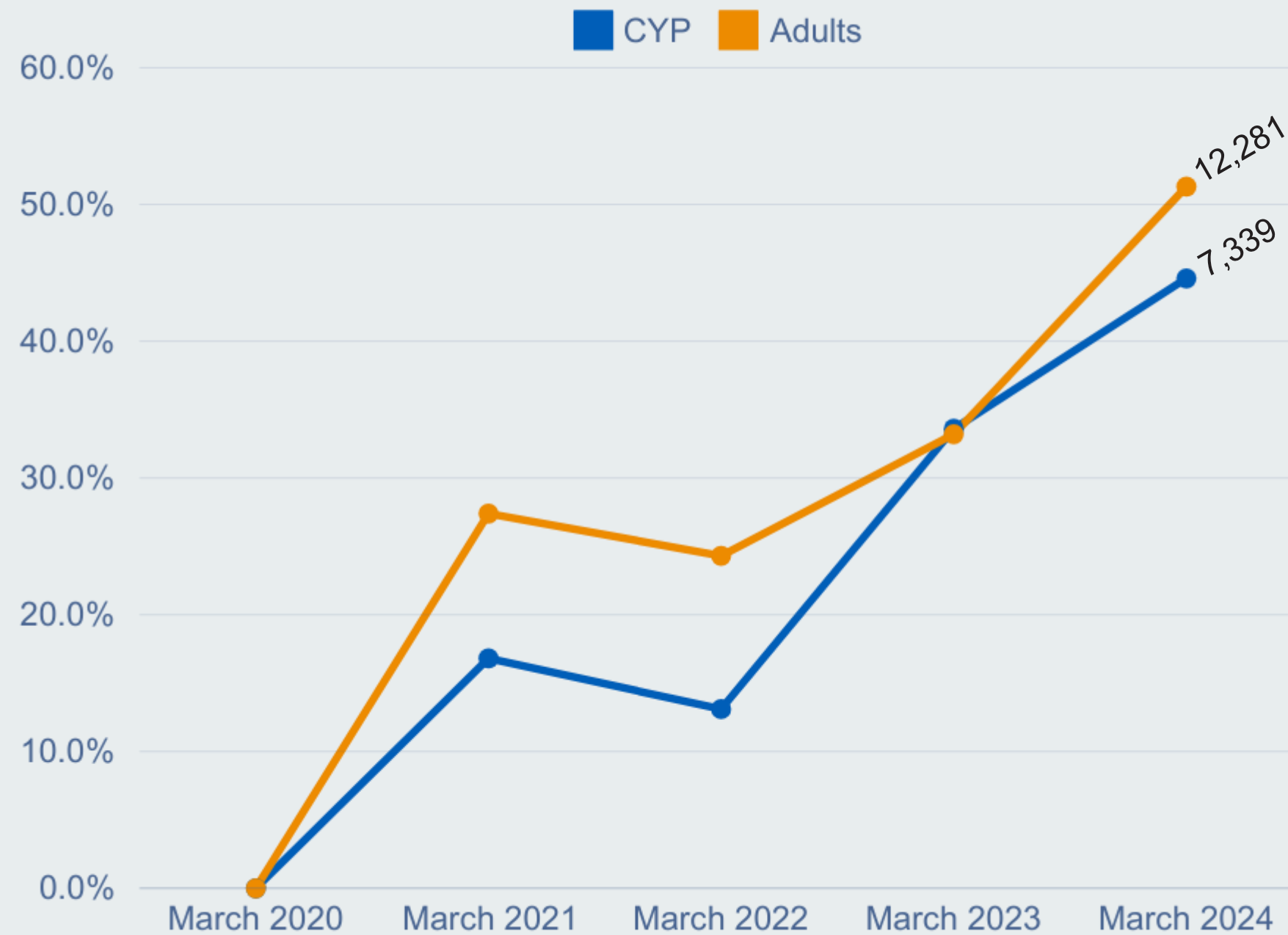
## 7x Growth

Adult referrals increased from 2,976 in 2019/20 financial year to 20,763 in 2023/24.





# ADHD & Autism 52+ Week Waits



45%  
CYP

51%  
Adults

Longest Wait  
Over 4 Years\*

Chart shows the number of people waiting over 52 weeks as a proportion of all those with a primary referral reason as “Neurodevelopmental Conditions” or “Suspected Autism”.

\*There may be instances where a referral has been rejected or discharged but the record has not been closed by the provider.