



North East and North Cumbria

Our Reference SD\North East and North
Cumbria ICB\FOI ICB438

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27 July 2023

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received by North of England Commissioning Support (NECS) on 29 June 2023 for information held by NHS North East and North Cumbria Integrated Care Board (NENC ICB) under the provisions of the Freedom of Information Act 2000.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland and Tees Valley (which covers the 5 councils that make it up – Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

Your Request

Does the ICB commission a Specialist Tier 3 Weight Management Service?

If so, please provide for the NHS Financial Years: 2021/22, 2022/23 and 2023/24 (year-to-date):

1. The name of the provider(s) – if more than one, please provide the following for each provider and each period:
 - The regions covered (e.g. sub-ICB / ICB-wide)
 - The number of places commissioned
 - The total expenditure on the Tier 3 Weight Management Service
 - The payment method:
 - NHS Tariff/Payment Scheme
 - Other Per Appointment Pricing Scheme
 - Per Patient/Pathway Pricing
 - Block Arrangement.

If paid on a block, please provide:

- The basis for calculating the block value (e.g., tariff/NHS pricing scheme, locally agreed price, etc.)

- What else does the block include? (e.g., part of a wider endocrinology service, general medicine service, etc.)
2. The title and grade of the clinician(s) who is clinically responsible for patients in the service.
 3. Any clinical pathways and/or protocols or service specifications for this service.
 4. Any quality metrics and/or reports for this service.

Our Response

The ICB does commission a Specialist Tier 3 Weight Management Service. The service is managed differently in each ICB place – individual responses are noted below.

County Durham place

NENC ICB commissions a Specialist Tier 3 Weight Management Service in County Durham and Darlington place. This service is provided by County Durham and Darlington NHS FT (CDDFT). Expenditure is part of a block payment. This is included within the block contract arrangement; total value is not disaggregated and no specific service line is available.

NENC ICB does not hold the information requested questions 2, 3 and 4 for County Durham and Darlington place. Please redirect your query to the acute hospital trust, CDDFT.

Gateshead place

The ICB commissions a Specialist Tier 3 Weight Management Service in Gateshead place. This is provided by Oviva for 2022/23 as part of a non-recurring contract. The contract term is 10 months 8 days, and the value is £425,000

NENC ICB does not hold the information requested questions 2, 3 and 4 for Gateshead place. Please redirect your query to the provider of the service.

Newcastle place

In relation to question 1, the ICB does commission a Specialist Tier 3 Weight Management Service in Newcastle place. This service is provided by Newcastle-upon-Tyne Hospitals NHS FT (NuTH); expenditure is part of a block payment. This is included within the block contract arrangement; total value is not disaggregated and no specific service line is available.

NENC ICB does not hold the information requested questions 2, 3 and 4 for Newcastle place. Please redirect your query to the acute hospital trust, NuTH.

North Cumbria place

1. The provider is North Cumbria Integrated Care NHS FT (NCIC).

- The regions covered: Sub-ICB (North Cumbria)
 - The number of places commissioned: 300 referrals per annum
 - The total expenditure on the Tier 3 Weight Management Service: Circa £300k included in overall Block Contract.
 - The payment method: Block arrangement. The block value is included within the overall block for all services provided to the ICB by NCIC. Tier 3 block was calculated from actual costs of service provision. Overall NCIC block contract includes all acute and community services commissioned by the ICB from NCIC.
2. There is a Consultant Endocrinologist and a Multi-disciplinary team approach, including (but not limited to) Consultant Physician, Specialist Dietician, Psychologist and Physiotherapist.
 3. The service specification is embedded below:



Clinical pathway is the North Cumbria Community Health Pathway for Weight Management in Overweight Adults. The patient journey detail is detailed in Appendix 2.1 of the embedded service specification.

4. Key Performance Indicators for the service are:

- Total number of eligible referrals received by the Service (each year)
- Minimum number of eligible referrals that will be started on the screening process each month
- Percentage of programme completers with 5% weight loss at 6 months
- Percentage of programme completers with 5% weight loss at 12 months
- Percentage of programme completers with 10% weight loss at 12 months
- Total percentage of programme completers who demonstrate weight loss on leaving the programme

Service outcomes are detailed in table 2 on pages 14/15 of embedded service specification.

North Tyneside place

1. Northumbria Healthcare NHS FT (NHCFT) provide Tier 3 weight management service for North Tyneside patients. This is included within the block contract arrangement; total value is not disaggregated, and no specific service line is available.

NENC ICB does not hold the information requested questions 2, 3 and 4 for North Tyneside place. Please redirect your query to the acute hospital trust, NHCFT.

Northumberland place

1. Northumbria Healthcare NHS Foundation Trust (NHCFT) provide Tier 3 weight management service for Northumberland patients. This is included within the block contract arrangement; total value is not disaggregated, and no specific service line is available. Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (CNTW) provide a tier 3 service for the inpatients at Northgate. This is included within the block contract arrangement; total value is not disaggregated, and no specific service line is available.
2. NENC ICB does not hold this information for Northumberland – please redirect your query to NHCFT and CNTW.
3. There is no service specification in place.
4. NHCFT provide the following information on a monthly basis:

- Rolling referral number
- Rolling Opted In
- Monthly New Referrals
- Referrals from outside GP Practice
- Current Wait List
- Referral Location: (from opt in list) – West, North, Central, Blyth Valley
- GP Surgery indicated Bariatric Surgery req by pt who opted in
- Rolling Bariatric Surgery req by patient who have opted in
- GP Surgery indicated injection req
- Patient started on weight loss injection
- Offered Workshop
- DNA Workshop & on wait list for F2F or another date

- Started Workshops
- Rolling started workshops
- Completed Workshops
- Rolling completed workshops
- Offered Group
- DNA Group
- Started Group
- Completed Group
- Rolling completed groups.
- Awaiting Next Steps
- Completed Next Steps
- Dietetic Reviews due
- Dietetic Reviews completed.
- Exercise Reviews due
- Exercise Reviews completed.
- Discharged - withdrawn
- Discharged DNA'd
- Discharged – completed.
- Discharged – referred to T4.
- Rolling referred to T4.
- Awaiting T4 Referral – no psych needed
- Awaiting T4 Referral – psych needed

South Tyneside place

1. The provider of a Specialist Tier 3 Weight Management Service is South Tyneside and Sunderland NHS FT (STSFT) for South Tyneside sub-ICB place. There is a block arrangement in place.

This information relates to South Tyneside and Sunderland FT. The service is covered ICB wide.

21/22 expenditure was £146,390 which was a block based on a locally agreed price.

22/23 expenditure was £66,873 based on NHS payment scheme.

23/24 YTD expenditure for months 1 & 2 is £5758 which is paid via NHS payment scheme.

NENC ICB does not hold the information requested questions 2, 3 and 4 for South Tyneside place. Please redirect your query to the acute hospital trust, STSFT.

Sunderland place

1. The provider of a Specialist Tier 3 Weight Management Service is South Tyneside and Sunderland NHS FT for Sunderland sub-ICB place. The service is not commissioned to provide a specific number of places, patients are referred by GPs into the service.

The service is not commissioned to provide a specific number of places, patients are referred by GPs into the service. The expenditure is detailed in the table below:

| 2020/21 | 2022/23 | 2023/24 |
|----------------|----------------|----------------|
| £247,489 | £251,612 | £262,288 |

There is a block arrangement in place. Please note that this service is included within the overall financial block contract arrangement with the provider. There have been national inflationary uplifts from 2019/20 as per national guidance.

- The ICB does not hold this level of information. This will need to be sourced from the acute hospital trust provider.
- The high-level pathway for City Hospitals Sunderland is shown in the embedded document below.



T3 Bariatric Flows
V8.pptx

- The ICB does not have any specific Tier 3 quality reporting at this time.

Tees Valley place

- One provider, South Tees Hospitals NHS Foundation Trust (STHFT) provides Tier 3 weight management service for Tees Valley patients and covers Middlesbrough, Redcar, Hartlepool and Stockton. There is a block contract arrangement in place.

The total expenditure on the Tier 3 Weight Management Service

| S Tees | 21/22 | 22/23 | 23/24 |
|--------------------------|---------|---------|---------|
| Tier 3 Weight Management | 476,355 | 502,812 | 510,857 |

- NENC ICB does not hold title and grade of the clinician(s) who is clinically responsible for patients in the service – please redirect your query to STHFT.
- The service specification is currently under review.
- Quality metrics are noted in the spreadsheet below.



PUBLIC HEALTH
CONTRACT 22-23.xlsx

Should you wish to redirect your queries to the acute hospital trusts or mental health trusts noted as part of the responses above, they can be contacted using the FOI email addresses below:

| NENC Acute Hospital FTs | Email |
|---|------------------------------------|
| County Durham & Darlington NHS FT | cdda-tr.cddftfoi@nhs.net |
| Gateshead Health NHS FT | ghnt.foi.enquiries@nhs.net |
| North Cumbria Integrated Care NHS FT | foirequests@ncic.nhs.uk |
| North Tees & Hartlepool NHS FT | foi@nth.nhs.uk |
| Northumbria Healthcare NHS FT | foi@northumbria.nhs.uk |
| South Tees Hospitals NHS FT | foi@stees.nhs.uk |
| South Tyneside and Sunderland NHS FT | stsft.freedomofinformation@nhs.net |
| The Newcastle Upon Tyne Hospitals NHS FT | nuth.freedom.information@nhs.net |
| NENC Mental Health Hospital FTs | Email |
| Cumbria, Northumberland, Tyne & Wear NHS FT | foi@cntw.nhs.uk |
| Tees, Esk & Wear Valley NHS FT | tewv.foi@nhs.net |

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your complaint, you may apply directly to the Information Commissioner for a decision. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.gov.uk

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk . This will not affect your initial information request.

Yours sincerely

S Davies

S Davies
Information Governance Officer