



Got an itch? Tummy trouble? Tickly cough?

Head to your local pharmacy.

Did you know?
Pharmacists across the North East and North Cumbria can offer advice and FREE treatment for a wide range of common conditions* – just like having a prescription from your GP!

Please ask your pharmacy team for more details and eligibility.

UTI's non pregnant women 16–64 years

Shingles 18 years+

Impetigo 1 year+

Sore throat 5 years+

Sinusitis 12 years+

Infected insect bites 1 year+

Earache 1 to 17 years

*Additional conditions can be treated, without the need to visit a GP. Ask a member of your pharmacy team about the minor ailments scheme.

Step 1

Go to your local community pharmacy (chemist) about your illness and they will offer advice.

Step 2

If needed, you will be offered treatment and if you qualify, this will be given free of charge.

Step 3

A suitable medicine may be offered to you.*

*You qualify for free treatment if you do not pay for your prescriptions.



**Find further information at:
www.thinkpharmacyfirst.health**

**HERE
TO
HELP**