



North East and North Cumbria

Our Reference North East & North Cumbria
ICB FOI 479

NECS - John Snow House
Durham University Science Park
Durham
DH1 3YG

Tel: (0191) 301 1300
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15 August 2023

By Email

Dear

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received by North of England Commissioning Support (NECS) on 02 August 2023 for information held by NHS North East and North Cumbria Integrated Care Board (NENC ICB) under the provisions of the Freedom of Information Act 2000.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland and Tees Valley (which covers the 5 councils that make it up – Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

Your Request

Under the Freedom of Information Act, we would like to make a request regarding whether you offer a service for children and young people with tics or Tourette Syndrome in your area, and the name of the provider or providers of this service.

We want to gather this information for each Place within the ICB you are responding from. To facilitate this, please use the attached excel spreadsheet to provide the information for each Place.

We ask that you:

- Return your results using the attached excel sheet.
- Respond to all questions for **each** Place within your ICB.

We ask that you DO NOT collate the results across Places.

Please answer the following questions for each Place within your ICB:

1. Does this Place commission a standalone pathway for Children and Young People with tics or Tourette Syndrome Please answer YES or NO.
2. If Yes, please provide a copy of the pathway and Standard Operating Process.
3. If Yes, please provide details of each contributing provider including the name of the provider and their contact details.
4. If Yes, please provide the name of the lead commissioner and their contact details.
5. If No, please provide a description of how children and young people with tics and Tourette Syndrome in your Place are currently provided with support. Please include a description of what this service provides, a named contact for the service and their contact details.
6. Does this Place have plans to improve access to treatment and support for Children & Young People with tics or Tourette Syndrome in your Place? If so, please provide details of what improvements are being planned or implemented.
7. Would you /colleagues in your Place be interested in accessing clinical support/education about tics involving specialist clinicians? If so, please provide details of the type of support or education you would like to receive.
8. Would you/ colleagues in your Place be interested in receiving information on a best practice model? Please answer YES or NO

Our Response

County Durham place:

TEWV please see below

Gateshead place:

CNTW and NUTH please see below

Newcastle place:

CNTW and NUTH please see below

North Cumbria place:

1. No
2. N/A
3. N/A
4. N/A

5. *Either CAMHS or community Paediatrics & neuro*

Jean Hamilton, Clinical Service Manager

Child and Adolescent Mental health Services (CAMHS), Adult and Child Community Learning Disability Services and Adult Autism Assessment Service (AAAS)

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

Email: Jean.hamilton1@cntw.nhs.uk

Raj Verma - Associate Medical Director-North Cumbria University Hospital NHS Trust

Email: raj.verma2@nhs.net

6. *No*

7. *Speak to Jean or Raja*

8. *Speak to Jean or Raja*

North Tyneside place:

1. *No*

2. *N/A*

3. *N/A*

4. *N/A*

5. *Tourettes Syndrome & Tics are provided with support through CAMHS and paediatricians provided by Northumbria Health Care Trust. The Trust would need to be contacted to provide specific details of the support offered.*

6. *No*

7. *No*

8. *No*

Northumberland place:

1. *No*

2. *N/A*

3. *N/A*

4. *N/A*

5. *For children and young people with Tourette's and Tic's at present, treatment can be sought through the Northumberland Graduated Response Approach via Northumberland County Council as it is in-line with treatment for anxiety.*

For adults (over the age of 16 years), Northumberland's NHS Talking Therapies provider, Talking Matters Northumberland (TMN) do offer interventions for people who are experiencing Tourette's. There are two threads of intervention:

A. Focused sessions on managing stress, anxiety, and depression, recognising that stress and anxiety can make symptoms worse and also acknowledging that there may be an adjustment response that the client would benefit from talking through.

B. Behavioural therapy focused on reducing tic's, such as habit reversal and exposure with response prevention.

6. *As above. Commissioners have currently not prioritised this area for transformation.*

7. *No*

8. *No*

South Tyneside place:

Support is provided by CNTW and are commissioned regionally, not at place.

Sunderland place:

1. No
2. N/A
3. N/A
4. N/A
5. *Children and young people would be supported in general services provided by either Sunderland and South Tyneside NHST Foundation Trust or Cumbria Northumberland, Tyne and Wear NHS Foundation Trust. For more specific detail these providers should be contacted direct.*
6. *As above. Commissioners have currently not prioritised this area for transformation.*
7. *Not at this time*
8. No

Tees Valley place:

TEWV please see below

The contact details for the Trusts that provide Mental Health services are:

NENC Mental Health Hospital FTs	Email
Cumbria, Northumberland, Tyne & Wear NHS FT	foi@cntw.nhs.uk
Tees, Esk & Wear Valley NHS FT	tewv.foi@nhs.net
The Newcastle Upon Tyne Hospitals NHS FT	nuth.freedom.information@nhs.net

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your complaint, you may apply directly to the Information Commissioner for a decision. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.org.uk

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk . This will not affect your initial information request.

Yours sincerely

Pamela Coxon

Pamela Coxon
Information Governance Officer