



# North East and North Cumbria

Our Reference North East and North Cumbria  
ICB\FOI ICB726

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14 February 2024

By Email

Dear Applicant

## **Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received by North of England Commissioning Support (NECS) on 23 January 2024 for information held by NHS North East and North Cumbria Integrated Care Board (NENC ICB) under the provisions of the Freedom of Information Act 2000.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley (which covers the 5 councils that make it up – Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

### **Your Request**

I am submitting this request under the Freedom of Information Act and the Code of Practice on Openness in the NHS. Please confirm the ICB holds the following data, and where it is held, please provide the data as requested.

#### 1. Bulimia Nervosa services

- Please provide a list of all providers the ICB holds contracts with for this service.
- For each contracted provider, please provide the Service Specification that describes the service (whether standalone or integrated in a broader Service Specification)

#### 2. Binge Eating Disorder services

- Please provide a list of all providers the ICB holds contracts with for this service.
- For each contracted provider, please provide the Service Specification that describes the service (whether standalone or integrated in a broader Service Specification)

3. Post Traumatic Stress Disorder and/or Traumatic Stress services

- Please provide a list of all providers the ICB holds contracts with for this service.
- For each contracted provider, please provide the Service Specification that describes the service (whether standalone or integrated in a broader Service Specification)

4. Body Dysmorphic Disorder services

- Please provide a list of all providers the ICB holds contracts with for this service.
- For each contracted provider, please provide the Service Specification that describes the service (whether standalone or integrated in a broader Service Specification)

5. Obsessive Compulsive Disorder services

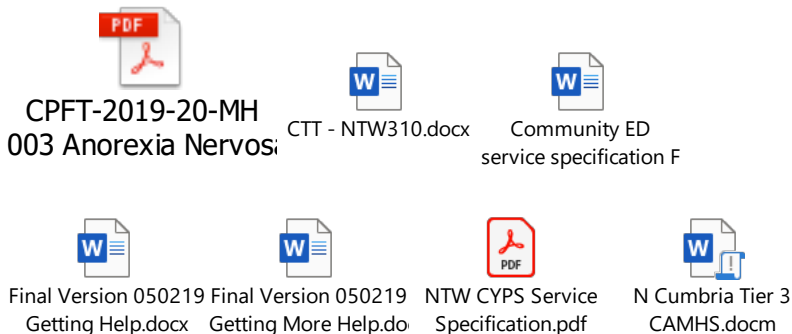
- Please provide a list of all providers the ICB holds contracts with for this service.
- For each contracted provider, please provide the Service Specification that describes the service (whether standalone or integrated in a broader Service Specification)

**Our Response**






We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.





Newcastle, Gateshead, Northumberland, North Tyneside, South Tyneside, Sunderland and North Cumbria Places

For the NENC ICB places noted above, Bulimia Nervosa, Binge Eating Disorder and Body Dysmorphic Disorder services are provided by Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust (CNTW). The service specifications are shown below:



Post Traumatic Stress Disorder and/or Traumatic Stress and Obsessive-Compulsive Disorder services are provided by CNTW and locally commissioned Talking Therapies Services. Service specifications held by the ICB are shown below:

Provider	Service Specification(s)
Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust (CNTW)	  SPT Service spec April 2021 March 2021   Final Version 050219 Getting More Help.do  N Cumbria Tier 3 CAMHS.docm

Sunderland & South Tyneside NHS Foundation Trust (STSFT) – Gateshead Talking Therapies	 C20 - Gateshead Primary Care Mental I
STSFT – South Tyneside Lifecycle	 STFT Lifecycle Service Specification.docx
Northumbria Healthcare NHS Foundation Trust – North Tyneside Talking Therapies	  SCH2A-COMMUNITY SCH2A-COMMUNITY 5 Primary Care Couns14 Psychological Adul
Vita – Newcastle Talking Therapies	
Mental Health Matters – Northumberland Talking Therapies	
CNTW – Sunderland Talking Therapies	
North Cumbria Talking Therapies	

County Durham and Tees Valley places

Tees, Esk and Wear Valley NHS Foundation Trust (TEWV FT) provide the majority of these services for adults across County Durham and Tees Valley.

There are no set service specifications for each point above within the TEWV FT contract, there are overarching service specifications that cover a range of mental health conditions. Please find attached below service specifications that cover these specific disorders for different severities/outcomes.



IAPT Talking Changes AMH Eating Disorder Service Spec.docx Community Services -

In Teesside, the talking therapies service for anxiety and depression is delivered by an alternative provider to TEWV FT. Alliance Psychological Services Ltd deliver the Psychological Wellbeing and Therapy (PWT) Service, which is also advertised as “Impact”. Please find the service specification from that contract below:



PWT service specification 20-25 - C

In accordance with the Information Commissioner’s directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

[www.ico.org.uk](http://www.ico.org.uk)

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk) . This will not affect your initial information request.

Yours sincerely

*S Davies*

**S Davies**  
**Information Governance Officer**