



# My home, my care, my way

**Lauren Matthewson**

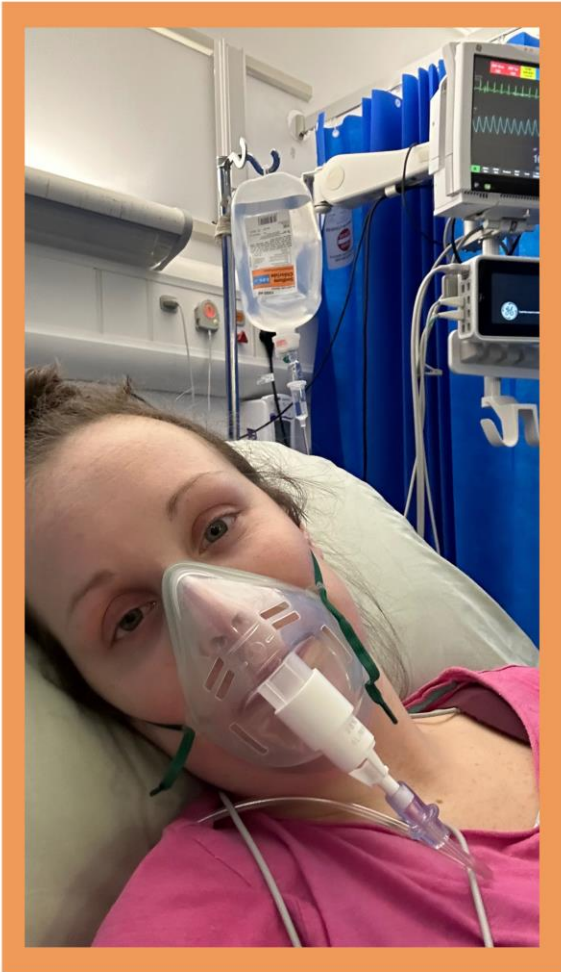
Director, Access Your Life

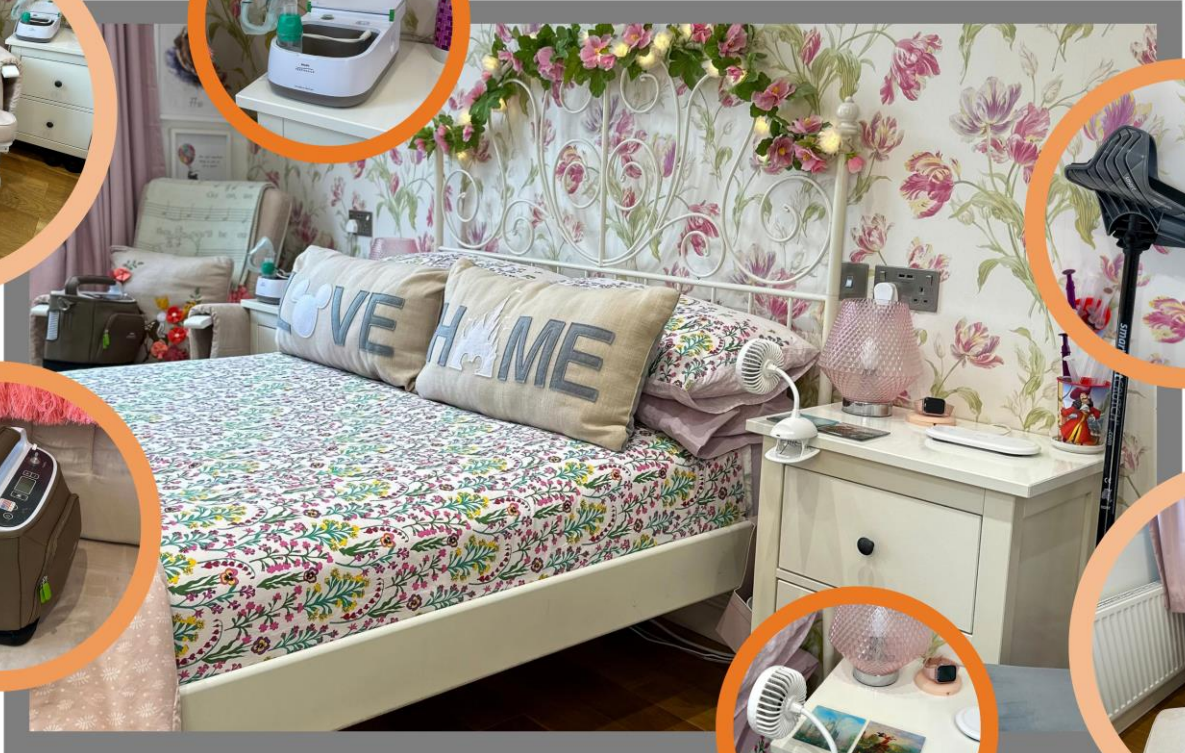
Part of:

**North East North Cumbria  
Health & Care Partnership**

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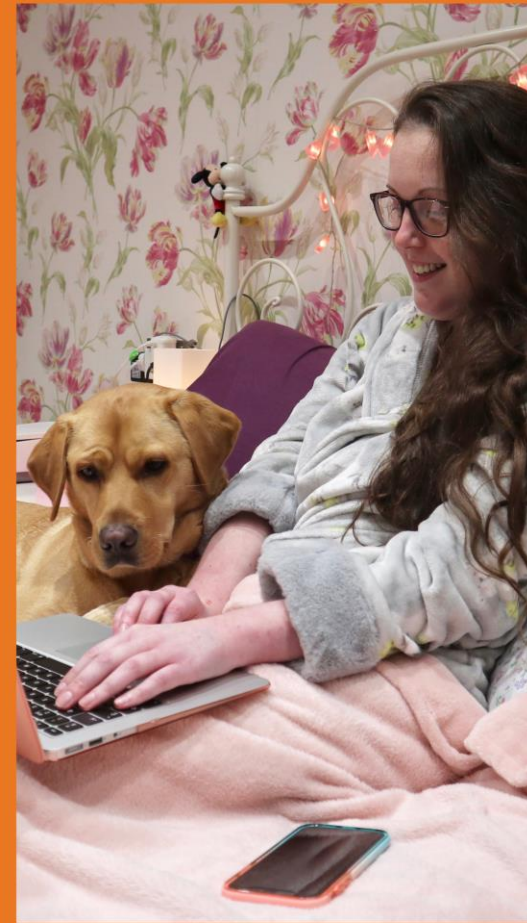














# How Can I Help?

**Lauren Matthewson, Director, Access Your Life**

**Website:** *www.accessyourlife.co.uk*

**Email:** *contact@accessyourlife.co.uk*

**Phone:** *0778722778*

**Social Media:** *@accessyourlifeld*

