



# North East and North Cumbria

Our Reference      North East & North Cumbria  
ICB FOI 382

NECS - John Snow House  
Durham University Science Park  
Durham  
DH1 3YG

Tel: (0191) 301 1300  
E-mail: [Necsu.icbfoi@nhs.net](mailto:Necsu.icbfoi@nhs.net)

06 June 2023

By Email

Dear

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received by North of England Commissioning Support (NECS) on 22 May 2023 for information held by NHS North East and North Cumbria Integrated Care Board (NENC ICB) under the provisions of the Freedom of Information Act 2000.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland and Tees Valley (which covers the 5 councils that make it up – Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

Please may I request the following information from your integrated care board. For ease of collation, the information could be provided in the tables provided after each question.

1. The numbers total of patients who have been prescribed antidepressants in the each of the years 2018, 2019, 2020, 2021, 2022 and 2023 so far.
2. The number of patients under the age of 18 who have been prescribed antidepressants in each of the same years.
3. The total number of patients under the age of 18 prescribed each of the following types of antidepressants in each of the same years

4. The number of patients under 18 who have been prescribed antidepressants in each of the same years, specifically as part of the treatment of Obsessive Compulsive Disorder and related symptoms.
5. The number of patients under 18 who have begun Talking Therapies ('psychotherapy') in each of the same years.

Antidepressants in this instance refers to any of the following classifications of drugs: SSRIs, SNRIs, NASSAs, TCAs, SARIs, MAOIs.

## **Our Response**

*NENC ICB does not hold the information for questions 1, 2, and 3.*

*The data for the number of prescriptions issued would be available from the BSA and they may also be able to provide the information for age banding. Please see <https://www.nhsbsa.nhs.uk/contact-us/freedom-information>*

*For questions 4 and 5 the ICB does not hold the requested information (with the exception of Tees Valley. Please see their response to question 5 below).*

*You will need to contact the Mental Health Trusts as follows for the remainder of the information.*

<b>NENC Mental Health Hospital FTs</b>	<b>Email</b>
<i>Cumbria, Northumberland, Tyne &amp; Wear NHS FT</i>	<i>foi@cntw.nhs.uk</i>
<i>Tees, Esk &amp; Wear Valley NHS FT</i>	<i>tewv.foi@nhs.net</i>

*County Durham place:*

*Redirect to TEWV for all*

*Gateshead place:*

*Redirect to CNTW for all*

*Newcastle place:*

*Redirect to CNTW for all*

*North Cumbria place:*

*Redirect to CNTW for all*

*North Tyneside place:*

*Redirect your request to Northumbria Healthcare NHS Trust at [foi@northumbria.nhs.uk](mailto:foi@northumbria.nhs.uk)*

*Northumberland place:*

*Redirect to CNTW for all*

*South Tyneside place:*

*Redirect to CNTW for all*

*Sunderland place:*

Redirect to CNTW for all

Tees Valley place:

Question 5 response

	2018	2019/20	2020/21	2021/22	2022/23	2023 so far
Total patients under 18 begun talking therapies	N/A	Getting Help 246	Getting Help 435	MHST – 465 Getting Help – 598	MHST – 1198 Getting Help - 1665	Not available for Q1.

Redirect to TEWV for the rest

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your complaint, you may apply directly to the Information Commissioner for a decision. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office  
Wycliffe House  
Water Lane  
Wilmslow  
Cheshire  
SK9 5AF

[www.ico.gov.uk](http://www.ico.gov.uk)

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk) . This will not affect your initial information request.

Yours sincerely

*Pamela Coxon*

**Pamela Coxon**  
**Information Governance Officer**