NHS
North East and North Cumbria

Integrated Delivery Report - Mental Health, Learning Disability & Autism Appendices

August 2024

Better health and wellbeing for all...

Guide to SPC Variation and Assurance Icons

Variation

Icon	Description	Explanation
(H)	Special Cause Improvement Measure Significantly Higher	Aiming to have high performance and we're seeing significant improvement in the process
(L)	Special Cause Improvement Measure Significantly Lower	Aiming to have low performance and we're seeing significant improvement in the process
(○)	Common Cause Variation No Significant Change	No significant change in the data during the reporting period
(H)	Special Cause Concerning Measure Significantly Higher	Aiming to have low performance and we're seeing significant concern in the process
(L)	Special Cause Improvement Measure Significantly Lower	Aiming to have high performance and we're seeing significant concern in the process

Assurance

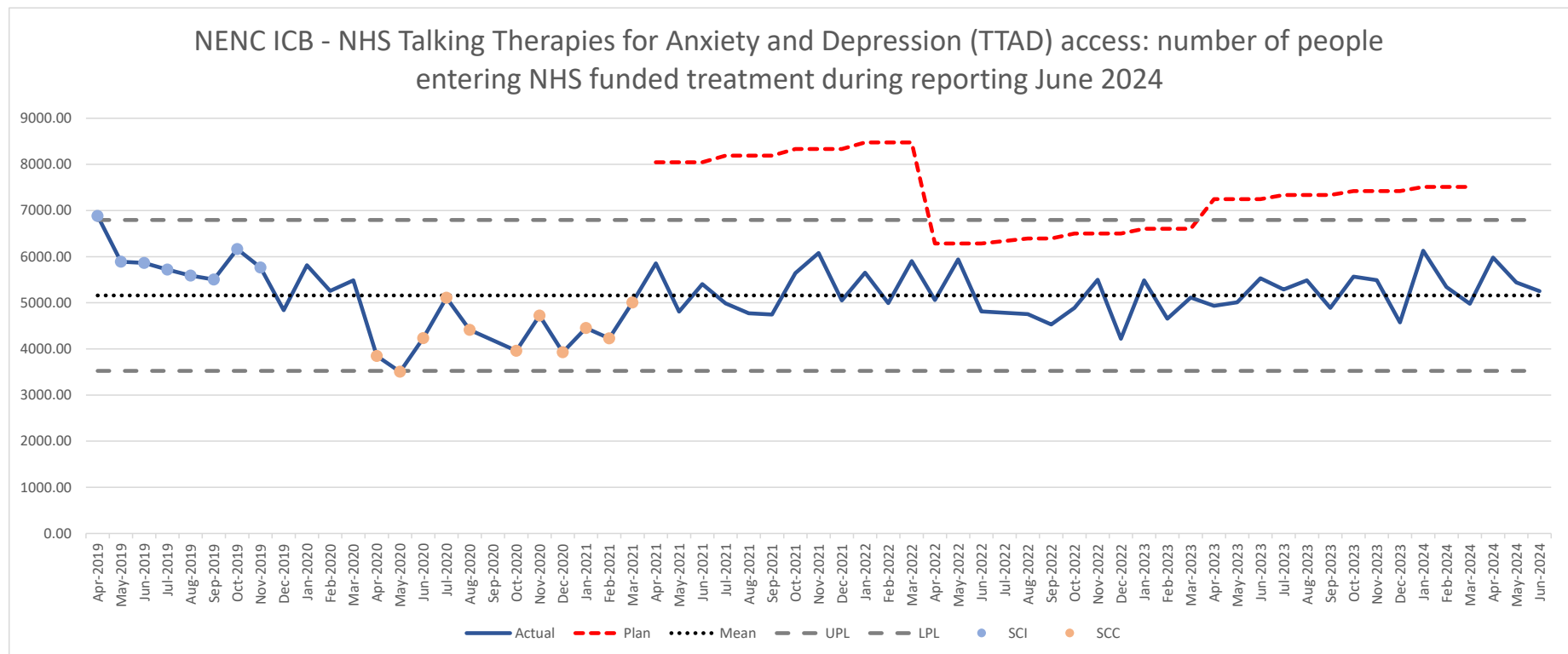| Icon	Description	Explanation
(P)	Trajectory Passing	The process is capable and will consistently pass the assigned trajectory
(?)	Trajectory Pass/Fail	Performance is not consistent and the trajectory is regularly being hit or missed
(F)	Trajectory Failing	The process is not capable and will consistently fail the assigned trajectory

As trajectories have only been provided for a small number of measures, availability of assurance information and process capability is currently limited. Further work is being done to establish and include additional trajectories where possible.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - NHS Talking Therapies for Anxiety and Depression (TTAD) access: number of people entering NHS funded treatment during reporting	Jun-2024		5,255	Common Cause		None	Unavailable	Maintain last years performance

NENC ICB - NHS Talking Therapies for Anxiety and Depression (TTAD) access: number of people entering NHS funded treatment during reporting June 2024
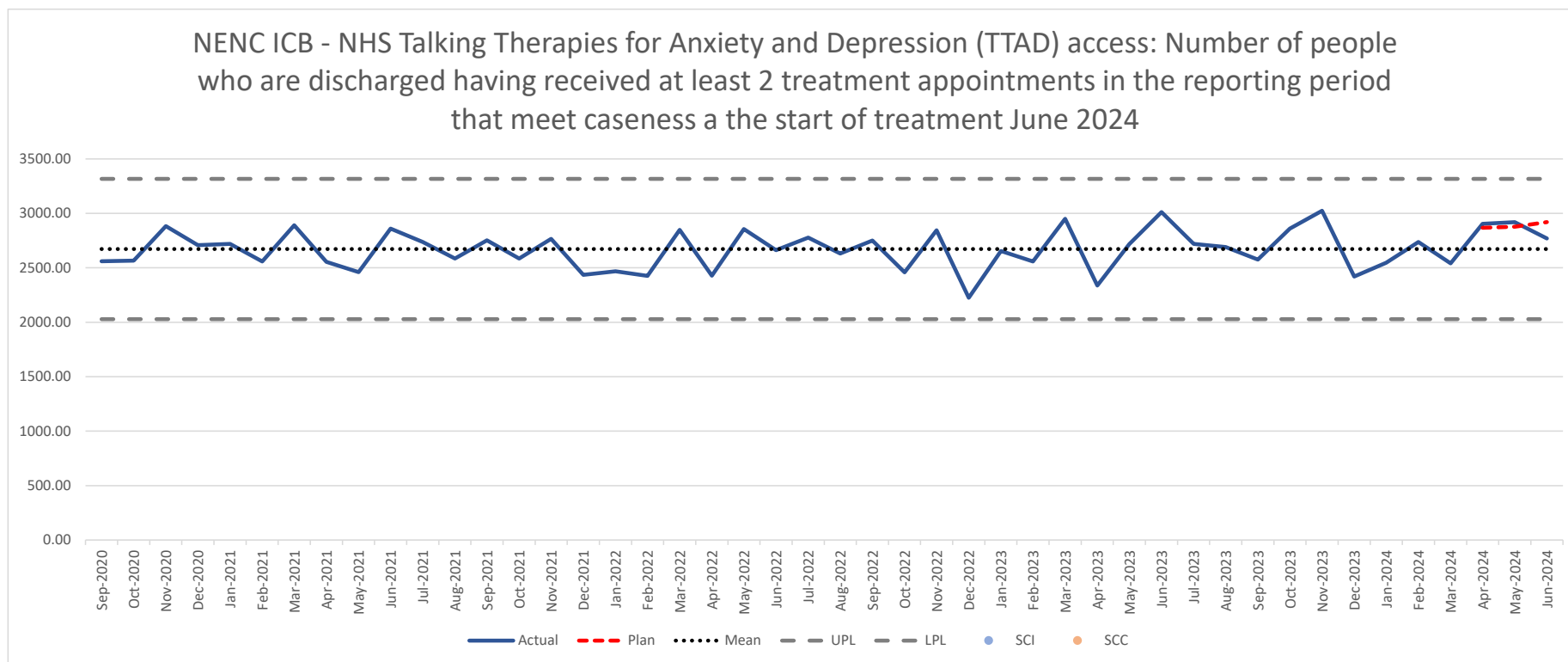

Variation

Assurance

Explanation

This metric shows common cause variation, no significant change.No appropriate target information is available to ascertain assurance on this metric.The range of performance against this measure is expected to be between 3,524 and 6,796 with a mean average of 5,160.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - NHS Talking Therapies for Anxiety and Depression (TTAD) access: Number of people who are discharged having received at least 2 treatment appointments in the reporting period that meet caseness a the start of treatment	Jun-2024	2,920	2,769	Common Cause	Hit or Miss	None	Unavailable	Further expand access to NHS talking therapies

NENC ICB - NHS Talking Therapies for Anxiety and Depression (TTAD) access: Number of people who are discharged having received at least 2 treatment appointments in the reporting period that meet caseness a the start of treatment June 2024
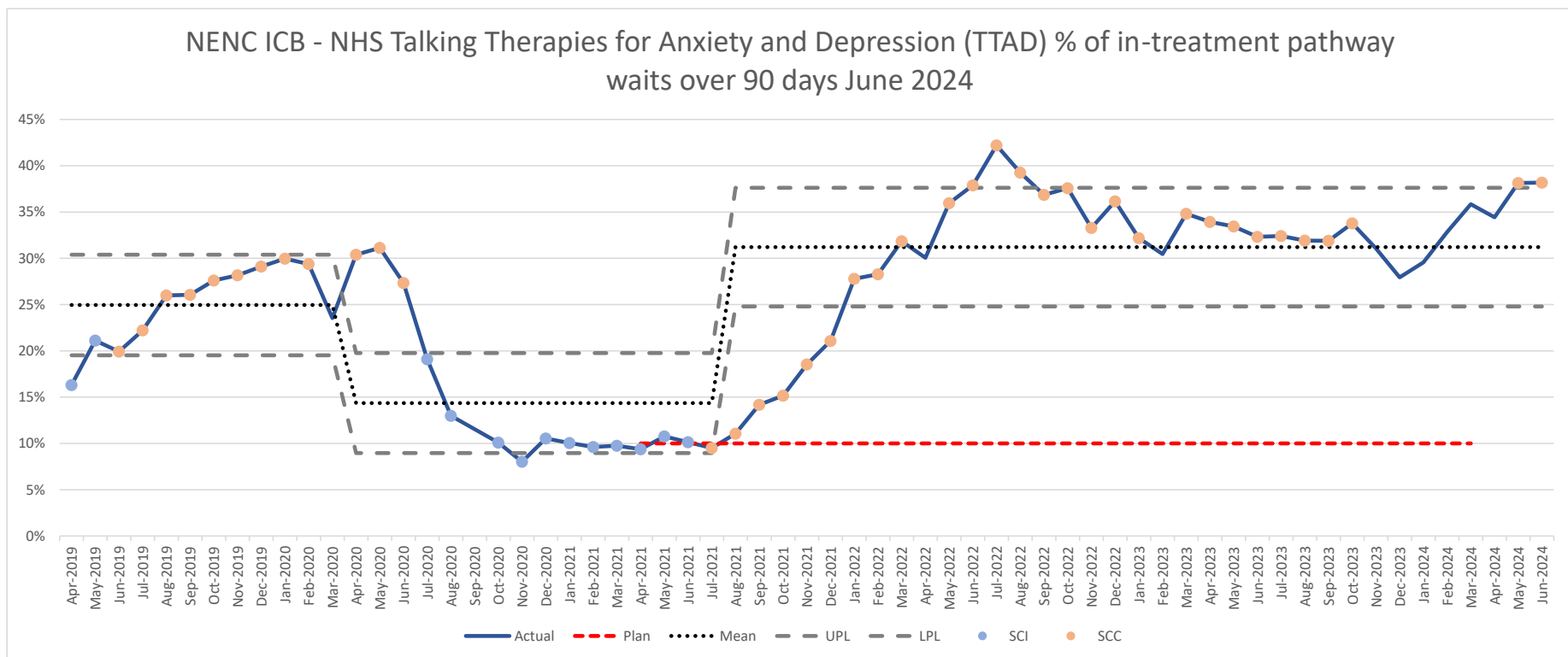
Variation

Assurance

Explanation

This metric shows common cause variation, no significant change.This process will not consistently HIT OR MISS the target as the target lies between the process limits.The range of performance against this measure is expected to be between 2,028 and 3,317 with a mean average of 2,673.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - NHS Talking Therapies for Anxiety and Depression (TTAD) % of in-treatment pathway waits over 90 days	Jun-2024		38.2%	Concern (High)		None	25.1%	10%

NENC ICB - NHS Talking Therapies for Anxiety and Depression (TTAD) % of in-treatment pathway waits over 90 days June 2024
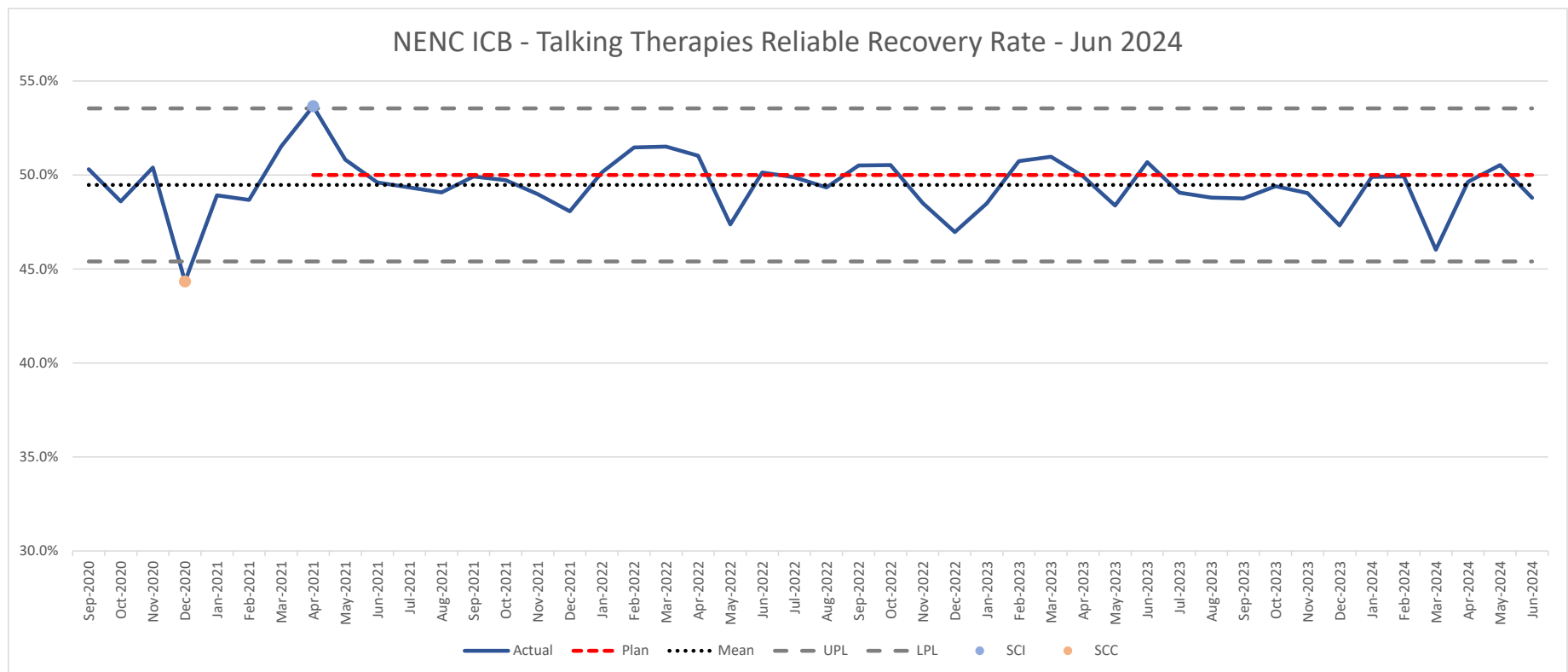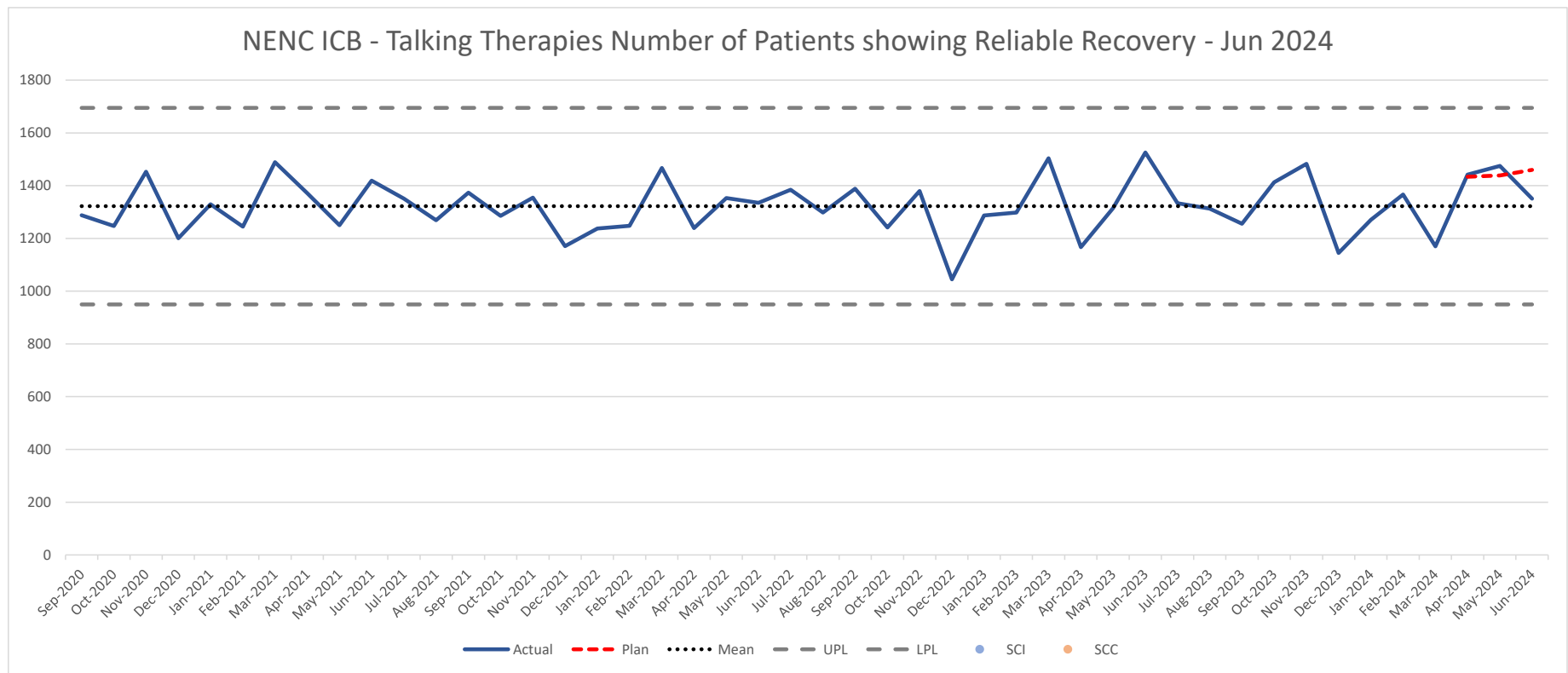
Variation

Assurance

Explanation

This metric shows special cause variation of a concerning nature where the measure is significantly higher.No appropriate target information is available to ascertain assurance on this metric.The range of performance against this measure is expected to be between 24.8% and 37.6% with a mean average of 31.2%.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - Talking Therapies Reliable Recovery Rate	Jun-2024	50.0%	48.8%	Common Cause	Hit or Miss	48%	Not available	Unavailable

NENC ICB - Talking Therapies Reliable Recovery Rate - Jun 2024

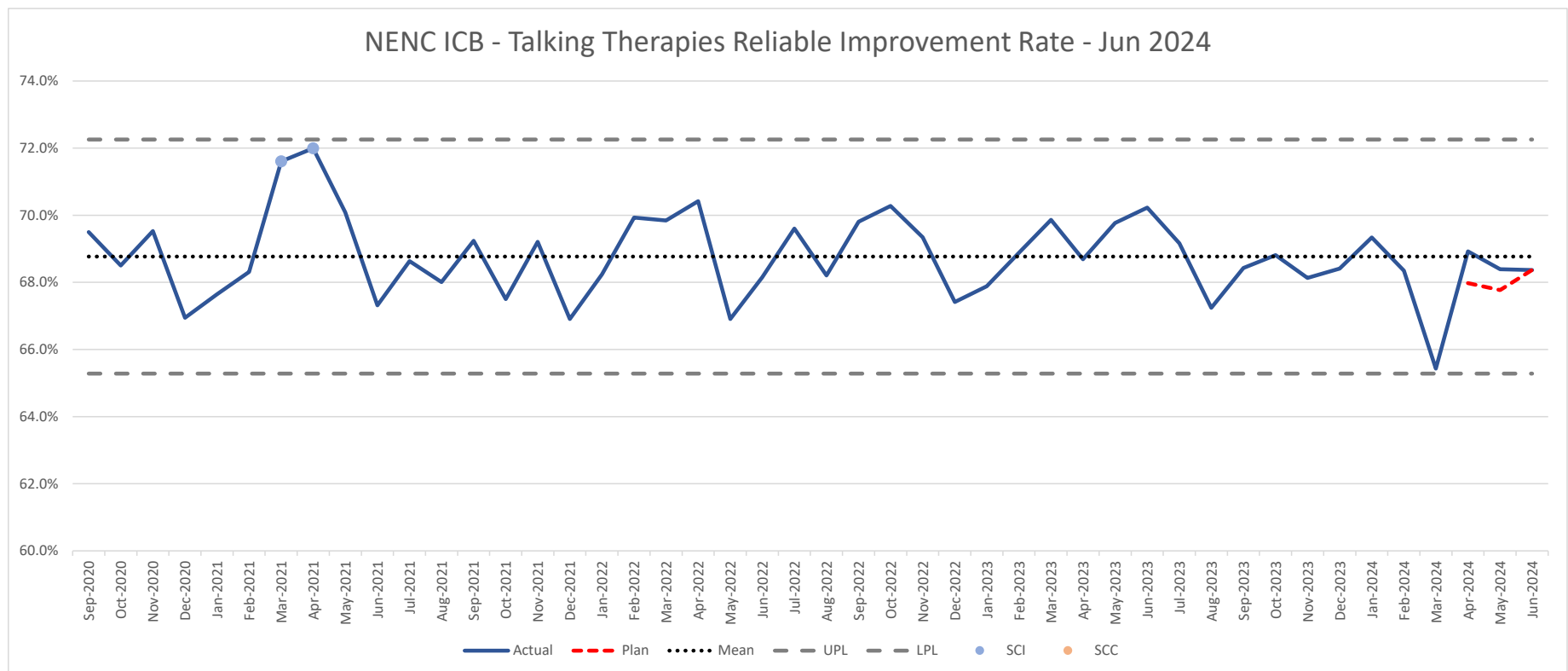Legend: Actual, Plan, Mean, UPL, LPL, SCI, SCC

Variation

Assurance

Explanation

This metric shows common cause variation, no significant change. This process will not consistently HIT OR MISS the target as the target lies between the process limits. The range of performance against this measure is expected to be between 45.4% and 53.5% with a mean average of 49.5%.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - Talking Therapies Number of Patients showing Reliable Recovery	Jun-2024	1,460	1,351	Common Cause	Hit or Miss	Unavailable	Not available	Unavailable

NENC ICB - Talking Therapies Number of Patients showing Reliable Recovery - Jun 2024
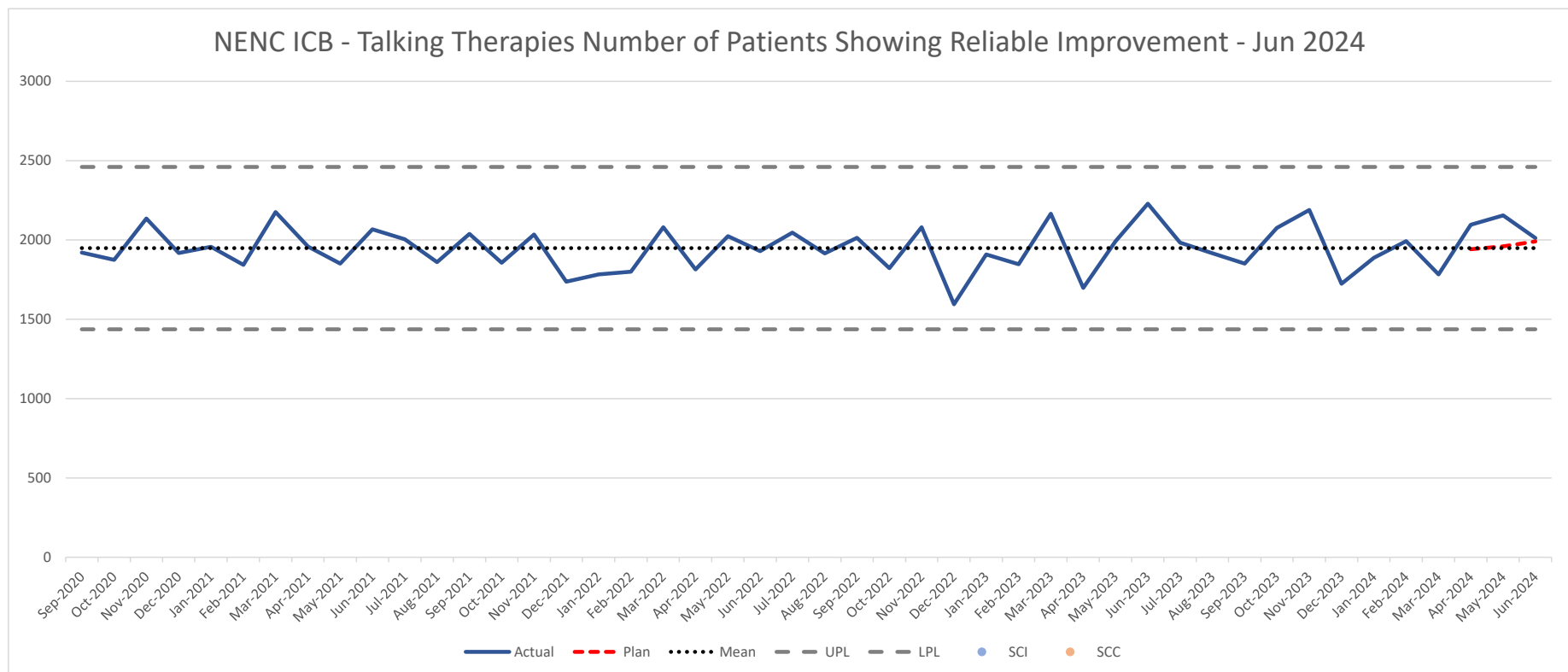
Variation

Assurance

Explanation

This metric shows common cause variation, no significant change.This process will not consistently HIT OR MISS the target as the target lies between the process limits.The range of performance against this measure is expected to be between 950 and 1,695 with a mean average of 1,323.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - Talking Therapies Reliable Improvement Rate	Jun-2024	68.4%	68.4%	Common Cause	Hit or Miss	67%	Not available	Unavailable

NENC ICB - Talking Therapies Reliable Improvement Rate - Jun 2024
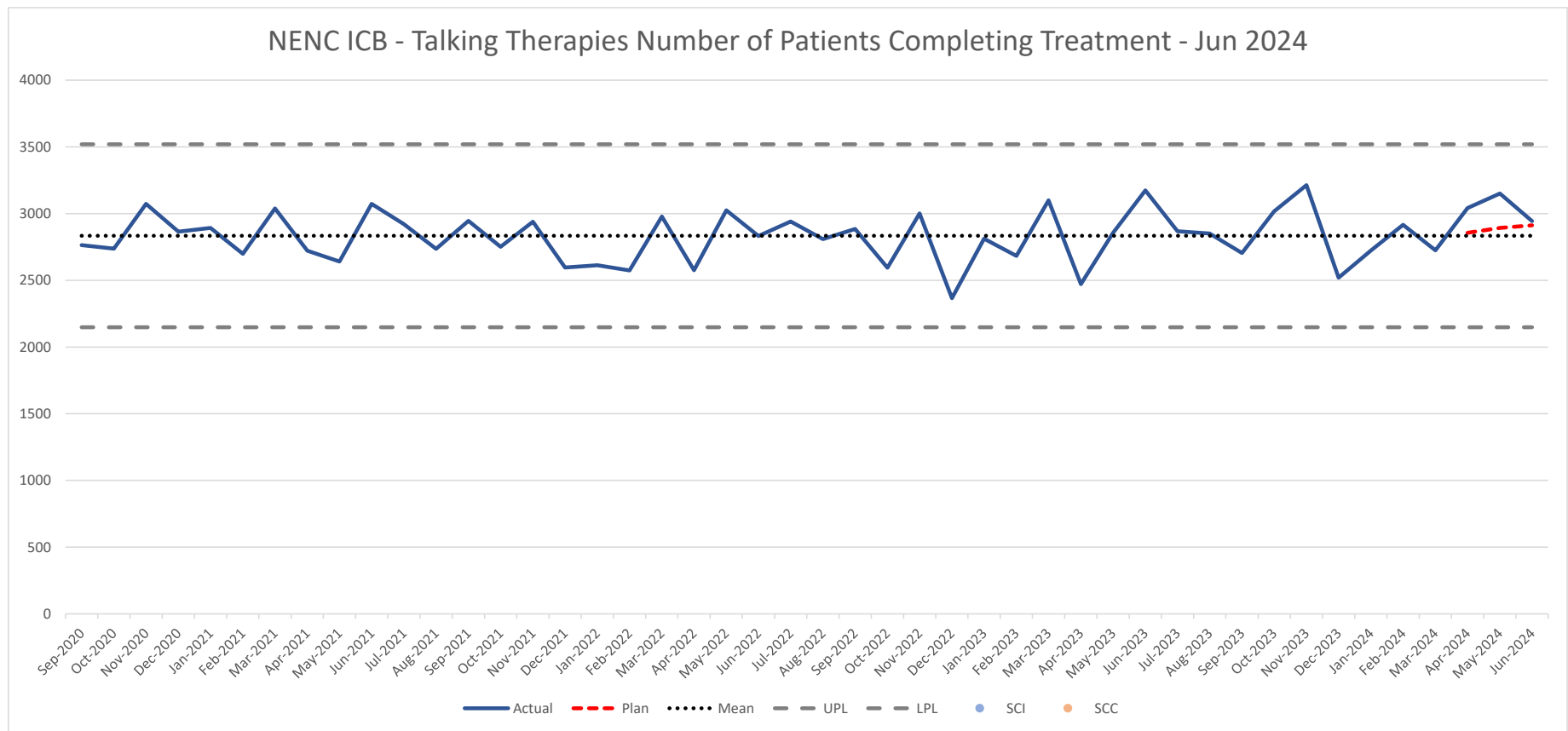
Variation

Assurance

Explanation

This metric shows common cause variation, no significant change. This process will not consistently HIT OR MISS the target as the target lies between the process limits. The range of performance against this measure is expected to be between 65.3% and 72.3% with a mean average of 68.8%.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - Talking Therapies Number of Patients Showing Reliable Improvement	Jun-2024	1,991	2,012	Common Cause	Hit or Miss	Unavailable	Not available	Unavailable

NENC ICB - Talking Therapies Number of Patients Showing Reliable Improvement - Jun 2024

Variation

Assurance

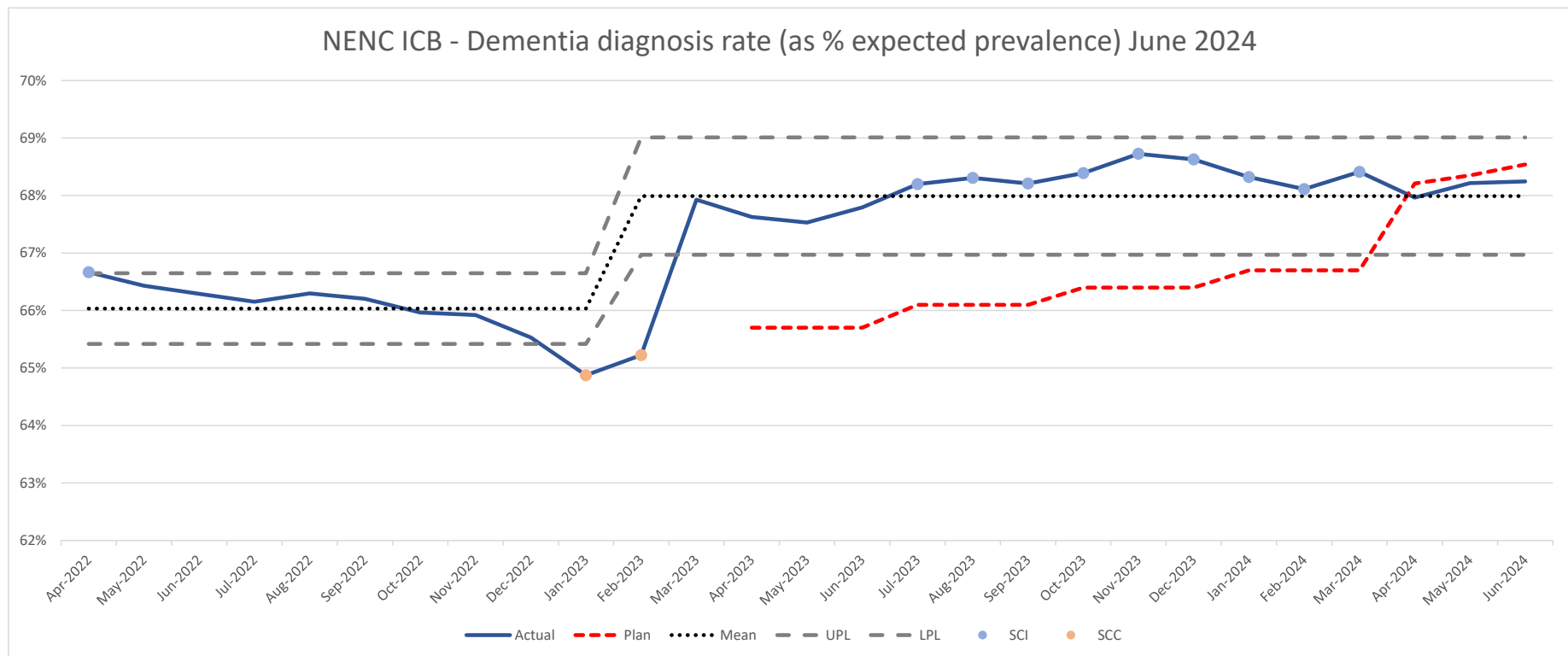**Explanation**

This metric shows common cause variation, no significant change.This process will not consistently HIT OR MISS the target as the target lies between the process limits.The range of performance against this measure is expected to be between 1,437 and 2,461 with a mean average of 1,949.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - Talking Therapies Number of Patients Completing Treatment	Jun-2024	2,912	2,943	Common Cause	Hit or Miss	Unavailable	Not available	Unavailable

NENC ICB - Talking Therapies Number of Patients Completing Treatment - Jun 2024
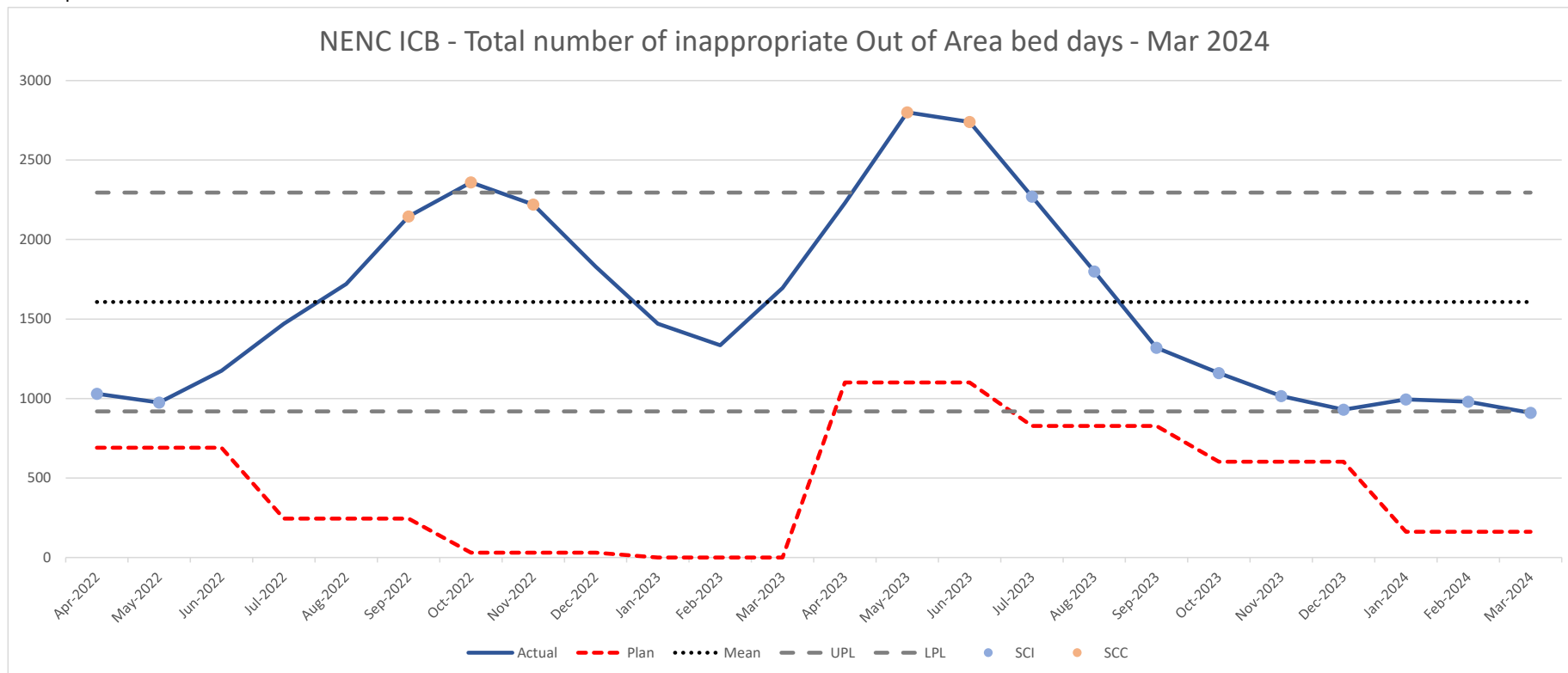
Variation

Assurance

Explanation

This metric shows common cause variation, no significant change. This process will not consistently HIT OR MISS the target as the target lies between the process limits. The range of performance against this measure is expected to be between 2,148 and 3,519 with a mean average of 2,834.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - Dementia diagnosis rate (as % expected prevalence)	Jun-2024	68.5%	68.2%	Common Cause	Hit or Miss	None	Unavailable	66.7%

NENC ICB - Dementia diagnosis rate (as % expected prevalence) June 2024

Variation

Assurance

Explanation

This metric shows common cause variation, no significant change. This process will not consistently HIT OR MISS the target as the target lies between the process limits. The range of performance against this measure is expected to be between 67.0% and 69.0% with a mean average of 68.0%.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - Total number of inappropriate Out of Area bed days	Mar-2024	162	910	Improvement (Low)	Fail	Unavailable	Not available	Unavailable

Please note, this metric has been stopped and will be replaced by Out of Area Placements for 2024/25. Data for OOA Placements is currently not available, but will replace this metric when published.

NENC ICB - Total number of inappropriate Out of Area bed days - Mar 2024
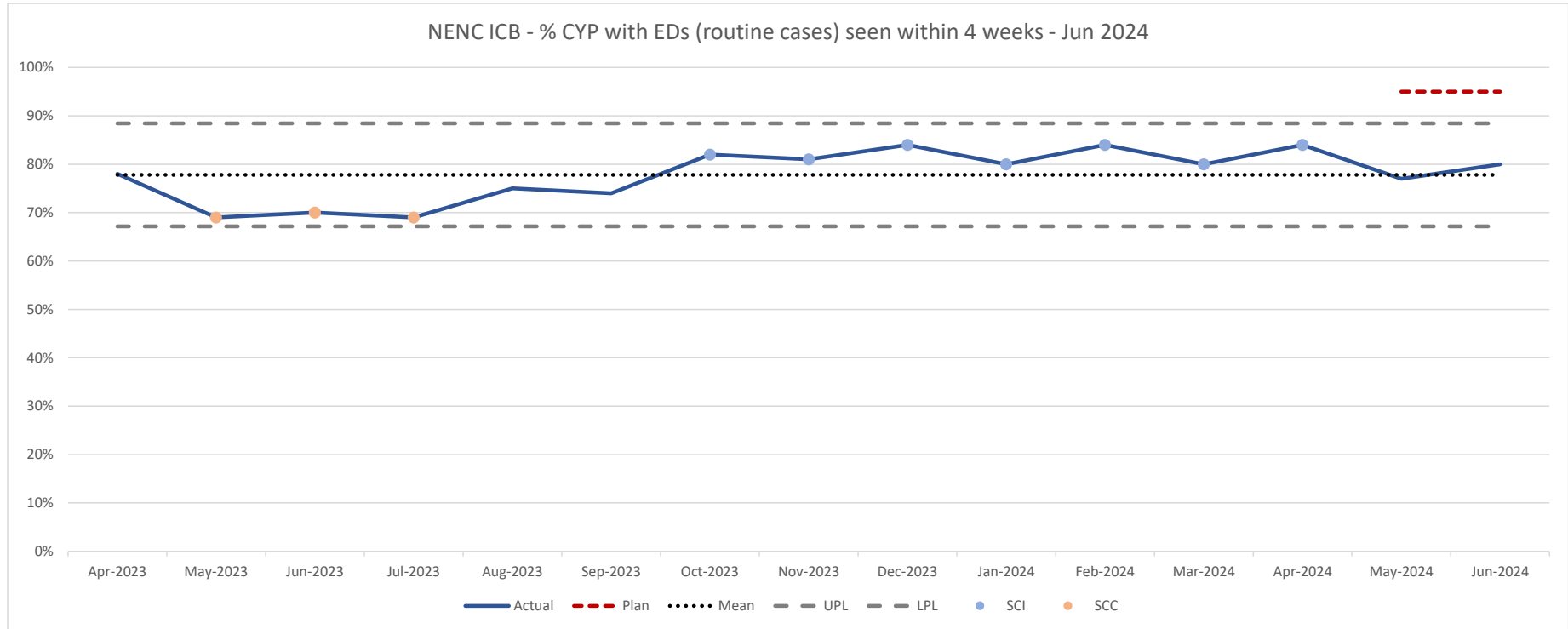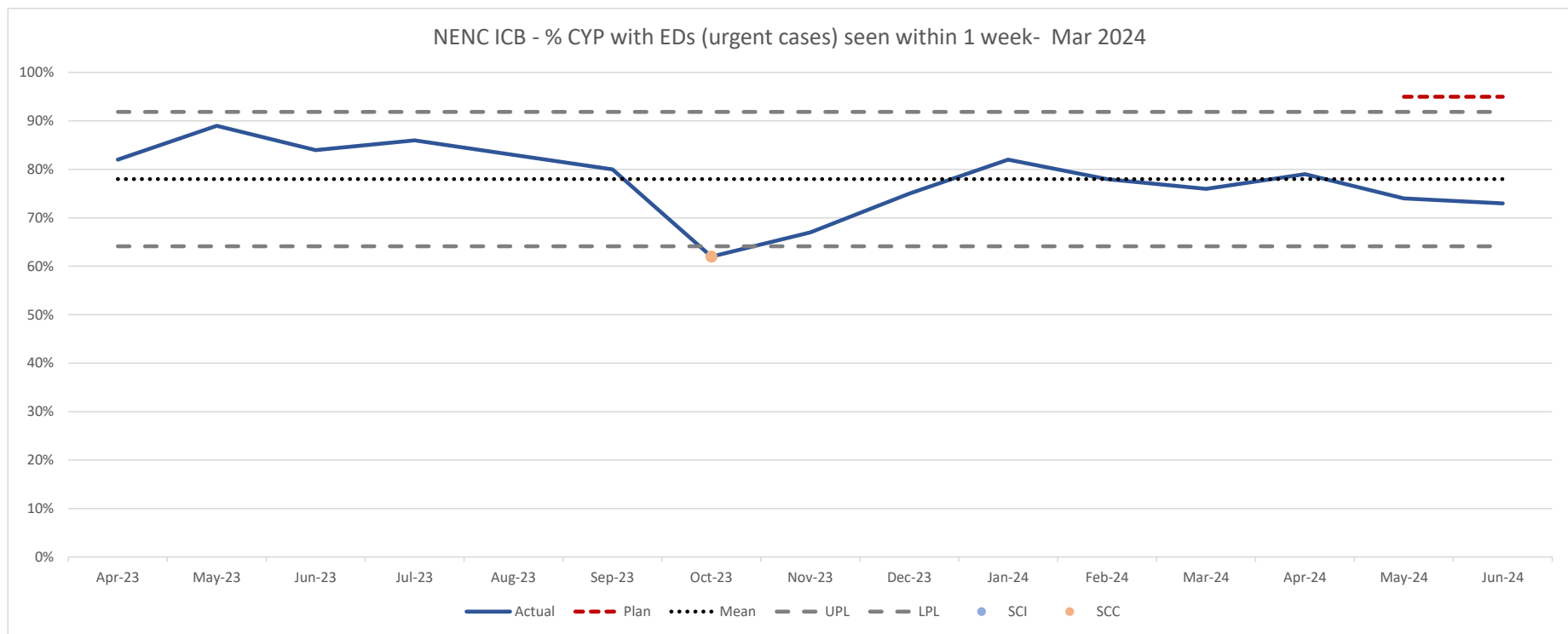
Variation

Assurance

Explanation

This metric shows special cause variation of an improving nature where the measure is significantly lower.This process is not capable and will consistently FAIL to meet the target.The range of performance against this measure is expected to be between 919 and 2,295 with a mean average of 1,607.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - % CYP with EDs (routine cases) seen within 4 weeks	Jun-2024	95.0%	80.0%	Common Cause	Fail	95%	Unavailable	95%

NENC ICB - % CYP with EDs (routine cases) seen within 4 weeks - Jun 2024

Legend: Actual — Plan ···· Mean — UPL — LPL • SCI • SCC
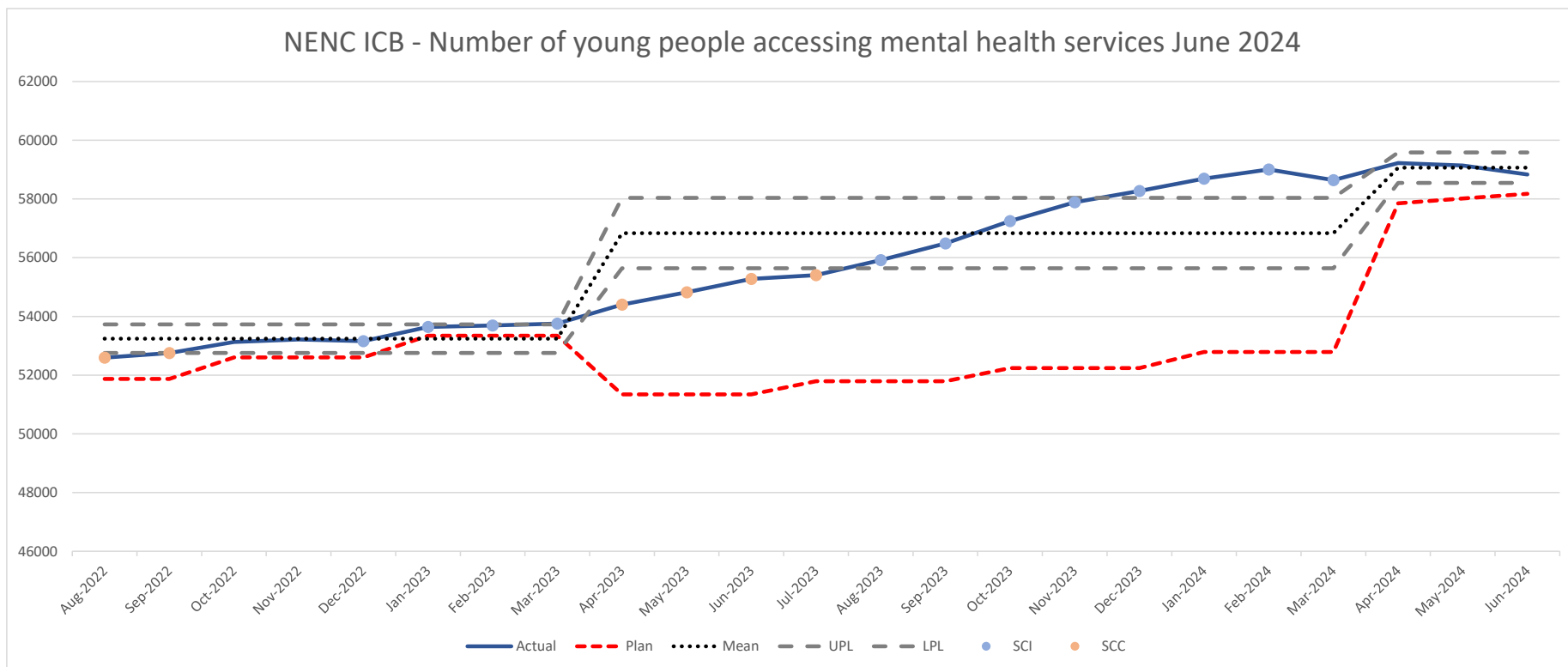
Variation

Assurance

Explanation

This metric shows common cause variation, no significant change. This process is not capable and will consistently FAIL to meet the target. The range of performance against this measure is expected to be between 67.2% and 88.4% with a mean average of 77.8%.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - % CYP with EDs (urgent cases) seen within 1 week	Jun-2024	95.0%	73.0%	Common Cause		95%	Not Available	95%

NENC ICB - % CYP with EDs (urgent cases) seen within 1 week- Mar 2024

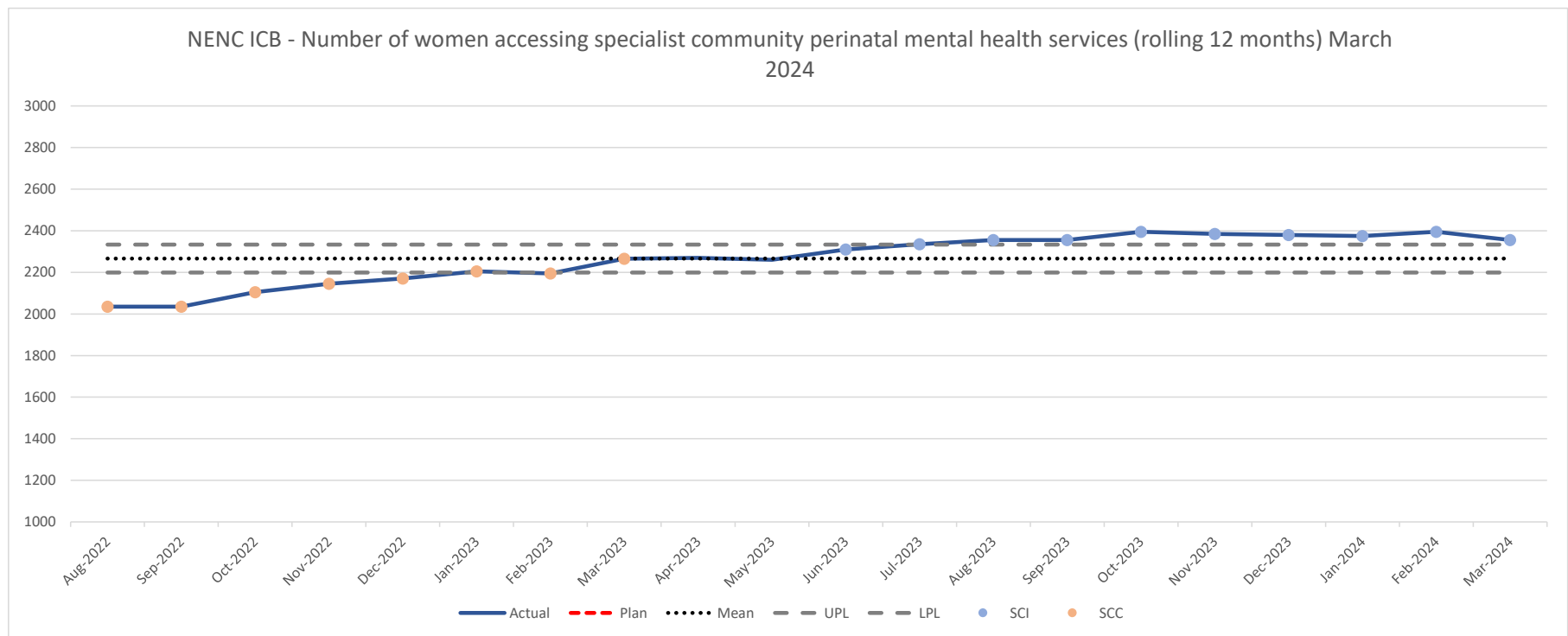Legend: Actual, Plan, Mean, UPL, LPL, SCI, SCC

Variation

Assurance

Explanation

This metric shows common cause variation, no significant change.This process is not capable and will consistently FAIL to meet the target.The range of performance against this measure is expected to be between 64.1% and 91.9% with a mean average of 78.0%.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - Number of young people accessing mental health services	Jun-2024	58,176	58,835	Common Cause	Pass	None	Not Available	60,987

NENC ICB - Number of young people accessing mental health services June 2024

Variation

Assurance

Explanation

This metric shows common cause variation, no significant change.This process is capable and will consistently PASS the target if nothing changes.The range of performance against this measure is expected to be between 58,548 and 59,585 with a mean average of 59,067.

Mental Health

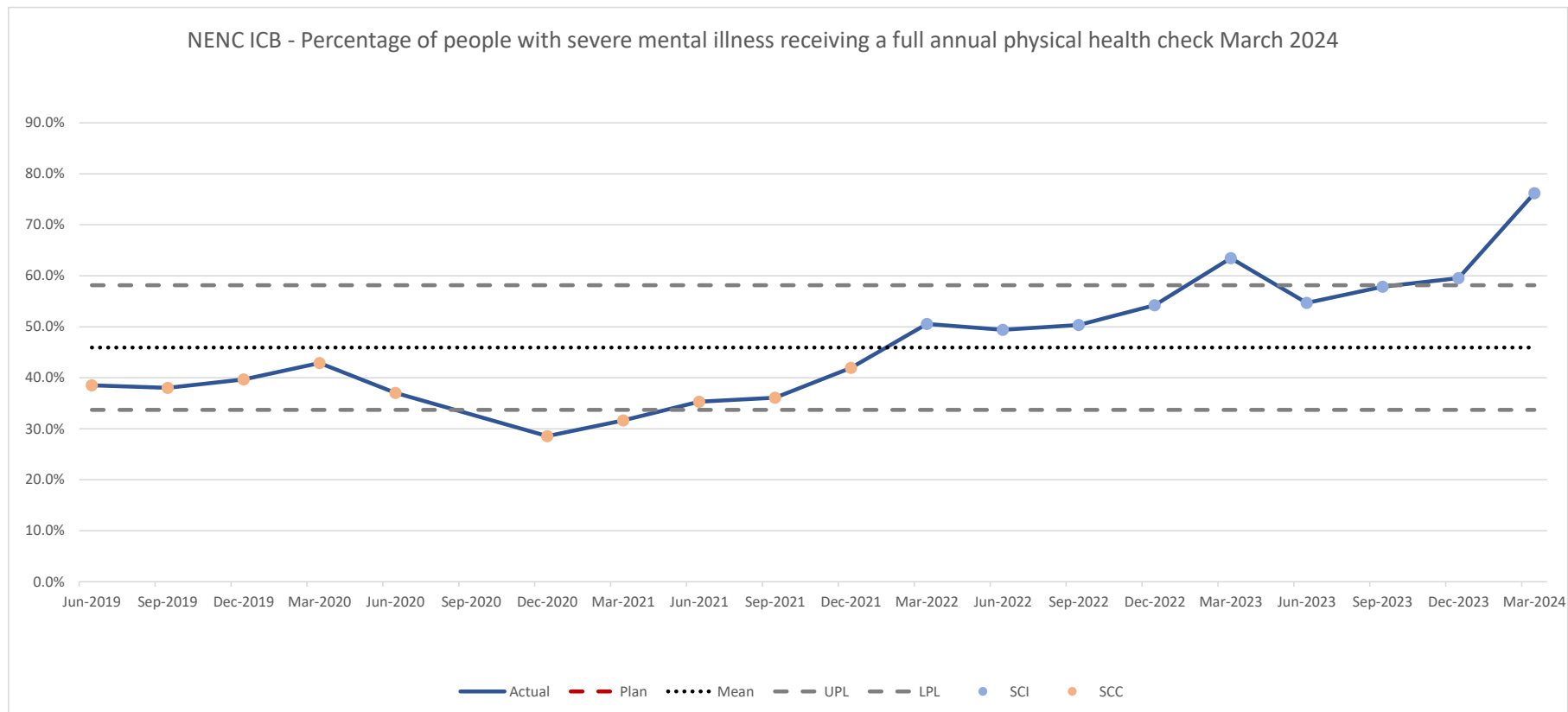| Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - Number of women accessing specialist community perinatal mental health services (rolling 12 months)	Mar-2024	None	2,355	Improvement (High)		None	Not Available	3,156

NENC ICB - Number of women accessing specialist community perinatal mental health services (rolling 12 months) March 2024
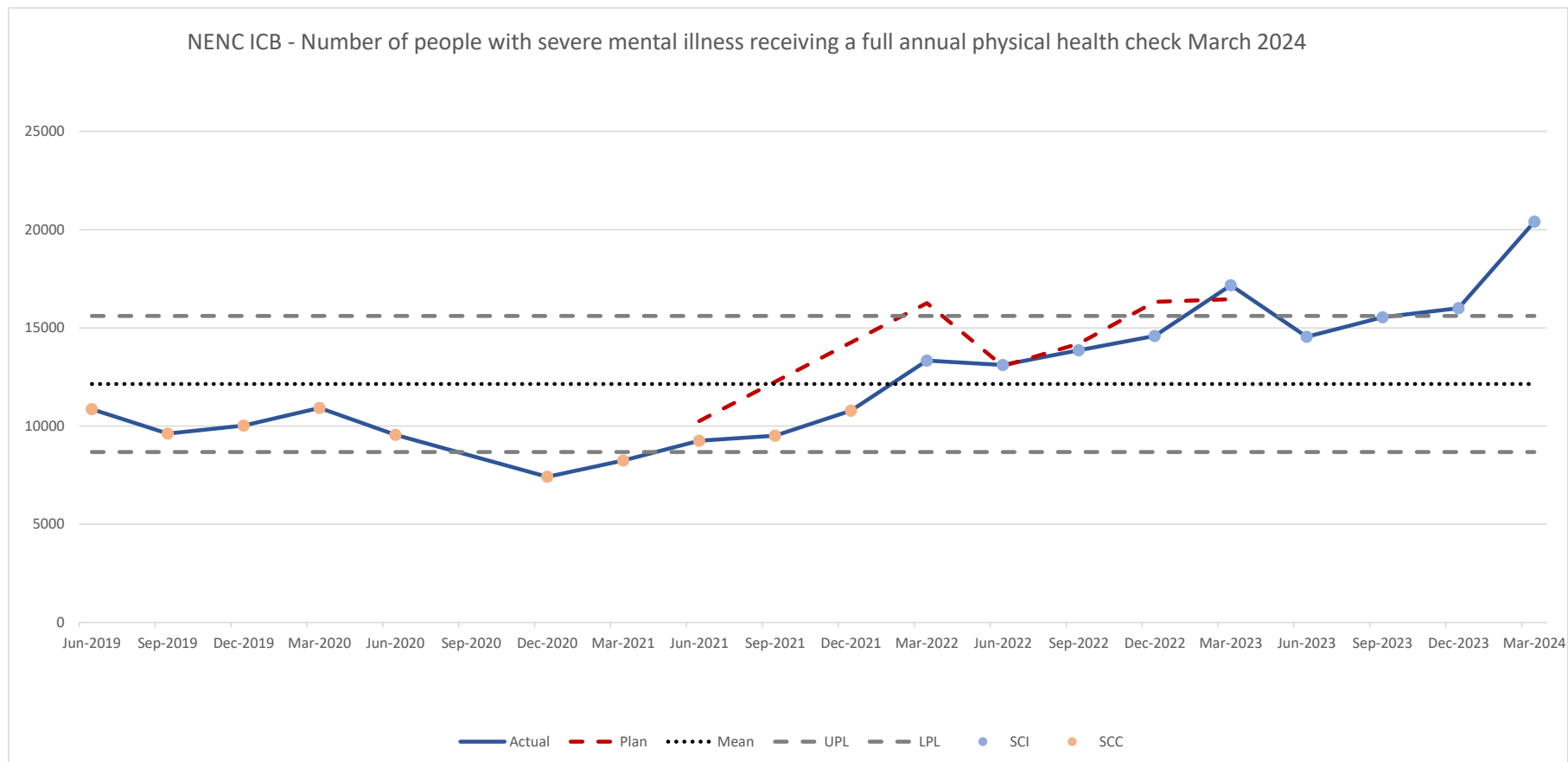
Variation

Assurance

Explanation

This metric shows special cause variation of an improving nature where the measure is significantly higher.No appropriate target information is available to ascertain assurance on this metric.The range of performance against this measure is expected to be between 2,199 and 2,333 with a mean average of 2,266.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - Percentage of people with severe mental illness receiving a full annual physical health check	Mar-2024	None	76.2%	Improvement (High)		None	68.5%	work towards 75%, and achieve at least 60% by March 2025

NENC ICB - Percentage of people with severe mental illness receiving a full annual physical health check March 2024
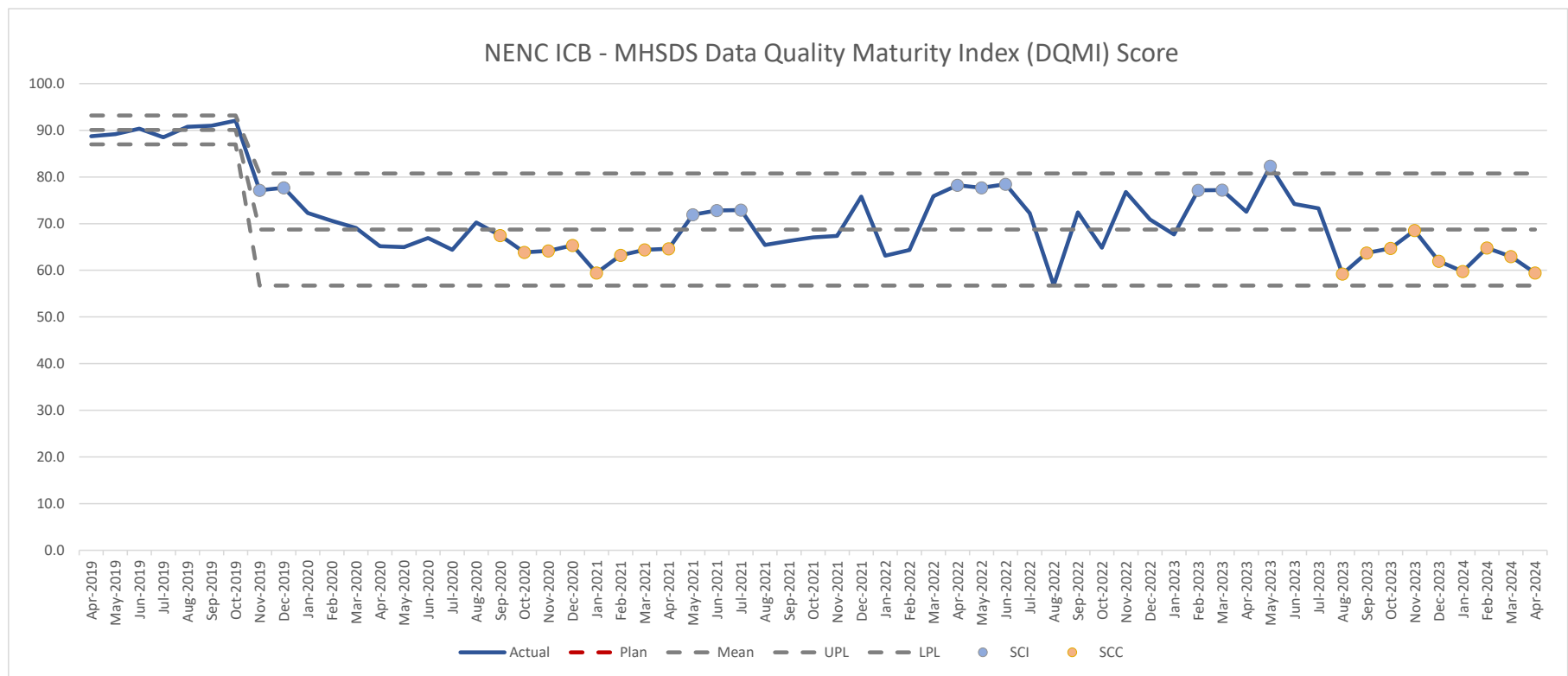
Variation

Assurance

Explanation

This metric shows special cause variation of an improving nature where the measure is significantly higher.No appropriate target information is available to ascertain assurance on this metric.The range of performance against this measure is expected to be between 33.7% and 58.1% with a mean average of 45.9%.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - Number of people with severe mental illness receiving a full annual physical health check	Mar-2024	None	20,406	Improvement (High)		None	Not Available	None

NENC ICB - Number of people with severe mental illness receiving a full annual physical health check March 2024

Variation

Assurance

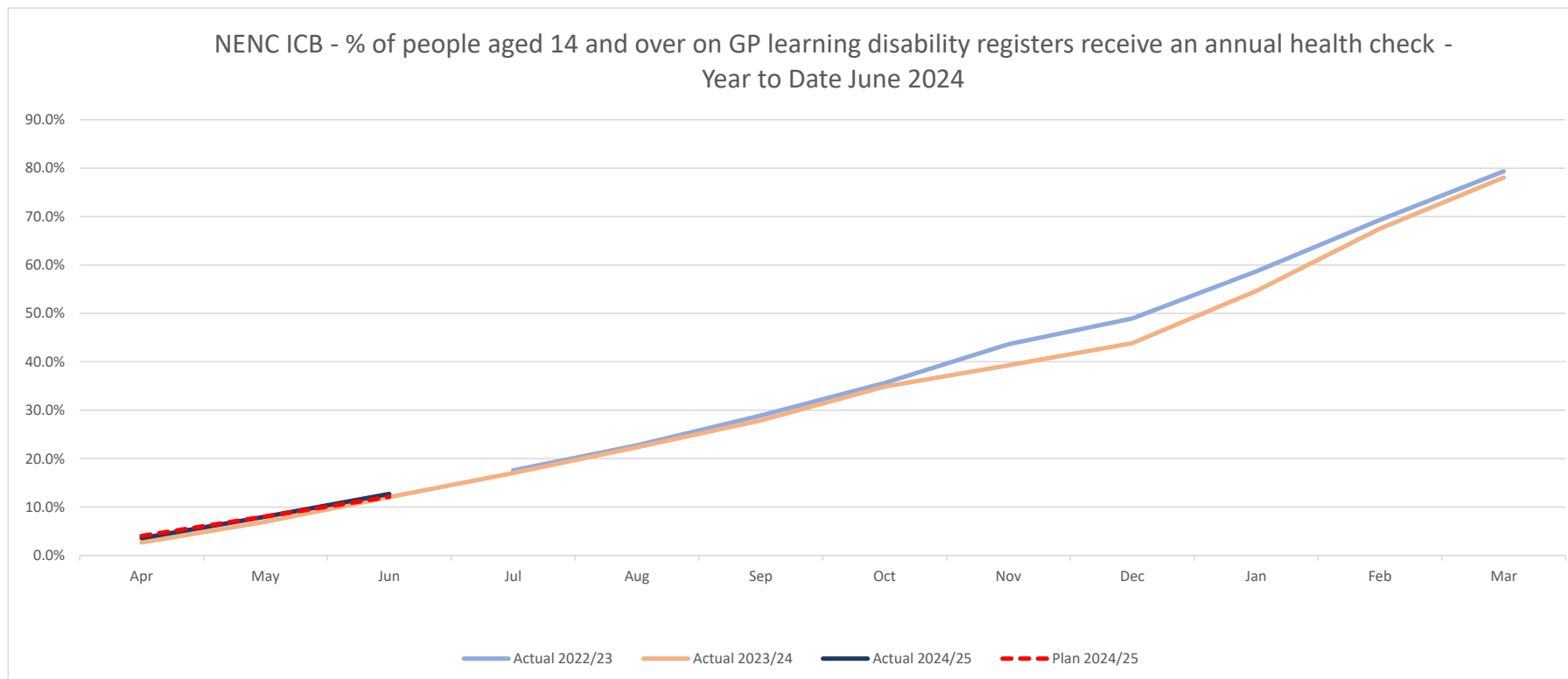**Explanation**

This metric shows special cause variation of an improving nature where the measure is significantly higher.No appropriate target information is available to ascertain assurance on this metric.The range of performance against this measure is expected to be between 8,678 and 15,608 with a mean average of 12,143.

Mental Health

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 24/25	England Actual	National Standard
NENC ICB - MHSDS Data Quality Maturity Index (DQMI) Score	Apr-2024	None	59.4	Concern (Low)		None	Not Available	None

NENC ICB - MHSDS Data Quality Maturity Index (DQMI) Score

Variation

Assurance

Explanation

This metric shows special cause variation of a concerning nature where the measure is significantly lower.No appropriate target information is available to ascertain assurance on this metric.The range of performance against this measure is expected to be between 57 and 81 with a mean average of 69.
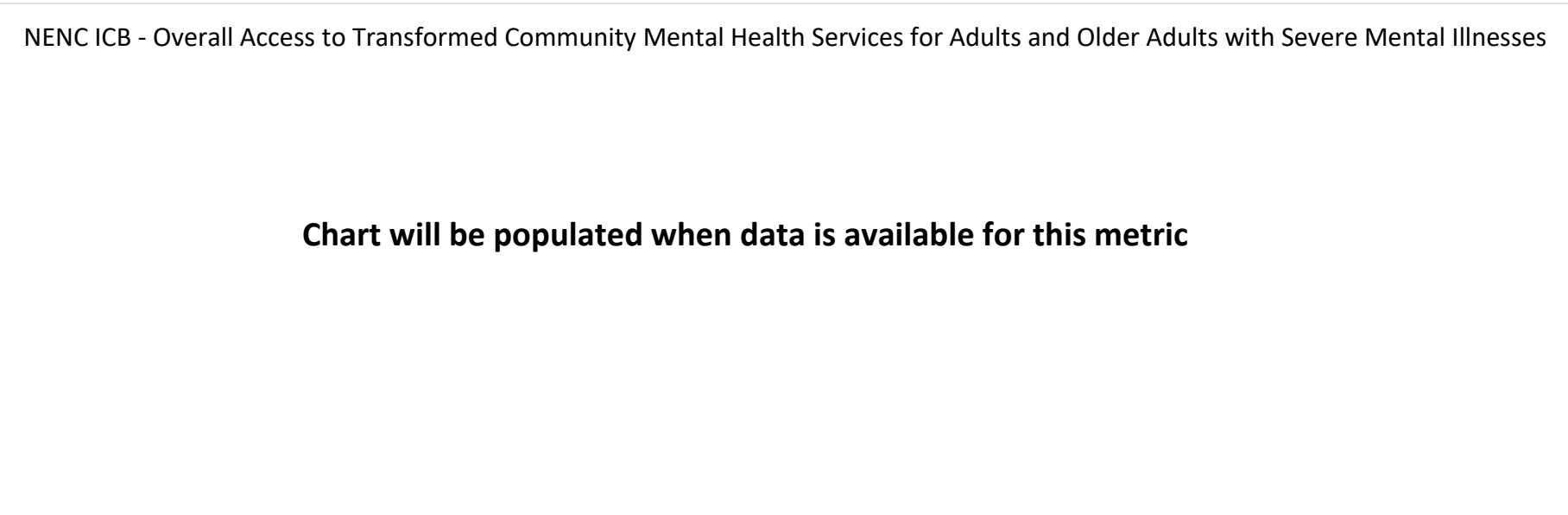
Mental Health

Metric	Latest Period	Plan (Month)	Actual	England Objective 24/25	England Actual	National Standard
NENC ICB - % of people aged 14 and over on GP learning disability registers receive an annual health check - Year to Date	Jun-2024	12.1%	12.7%	None	Not Available	75% by March 2025

Please note - as this is a year to date measure, data is cumulative and cannot be shown as an SPC chart along with variation and assurance


NENC ICB - % of people aged 14 and over on GP learning disability registers receive an annual health check - Year to Date June 2024

Mental Health

Metric	Latest Period	Plan (Month)	Actual	England Objective 24/25	England Actual	National Standard
NENC ICB - Overall Access to Transformed Community Mental Health Services for Adults and Older Adults with Severe Mental Illnesses	Metric not currently availabile. Will be included when published in the Mental Health Core Data Pack					

NENC ICB - Overall Access to Transformed Community Mental Health Services for Adults and Older Adults with Severe Mental Illnesses

Chart will be populated when data is available for this metric

Mental Health - CYP Waiting List

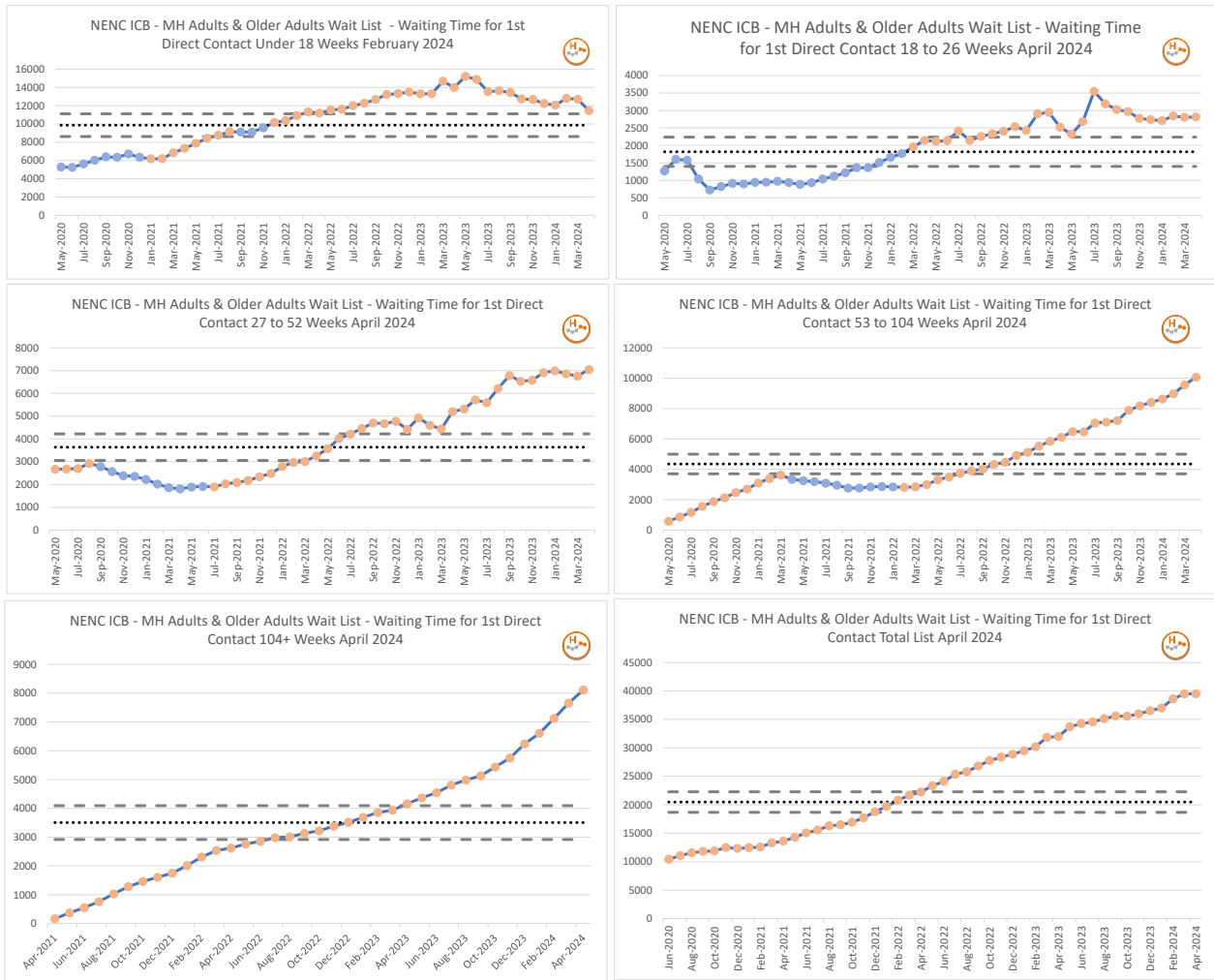| Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 23/24	England Actual	National Standard
NENC ICB - MH CYP Wait List - Waiting Time for Second Contact Under 18 Weeks	Apr-2024		8,504	Concern (High)		None	Not Available	None
NENC ICB - MH CYP Wait List - Waiting Time for Second Contact 18 to 26 Weeks	Apr-2024		2,899	Concern (High)		None	Not Available	None
NENC ICB - MH CYP Wait List - Waiting Time for Second Contact 27 to 52 Weeks	Apr-2024		5,516	Concern (High)		None	Not Available	None
NENC ICB - MH CYP Wait List - Waiting Time for Second Contact 53 to 104 Weeks	Apr-2024		6,207	Concern (High)		None	Not Available	None
NENC ICB - MH CYP Wait List - Waiting Time for Second Contact 104+ Weeks	Apr-2024		4,193	Concern (High)		None	Not Available	None
NENC ICB - MH CYP Wait List - Waiting Time for Second Contact Total List	Apr-2024		27,319	Concern (High)		None	Not Available	None

* MHSDS data subject to variable data quality between providers. All providers submitting to MHSDS included. Definition "Children and Young People (0-17) with an accepted referral who are waiting for a first or second direct or indirect contact." open to differences in interpretation. Reporting to move to new national standard.
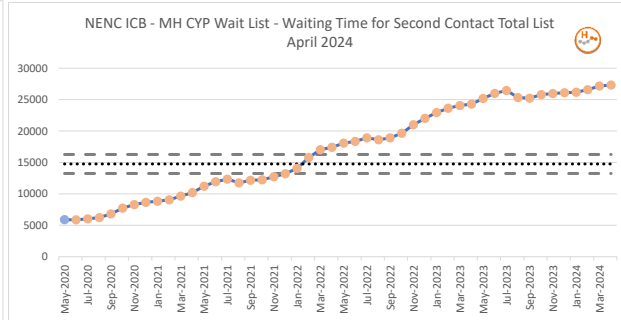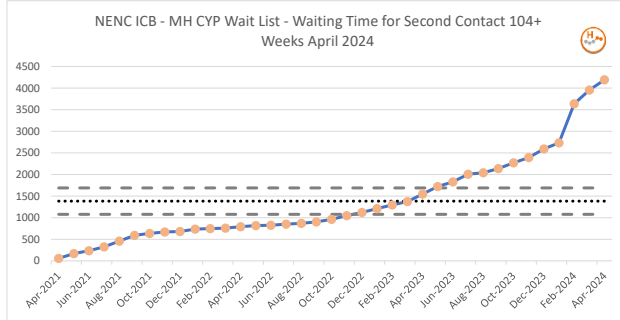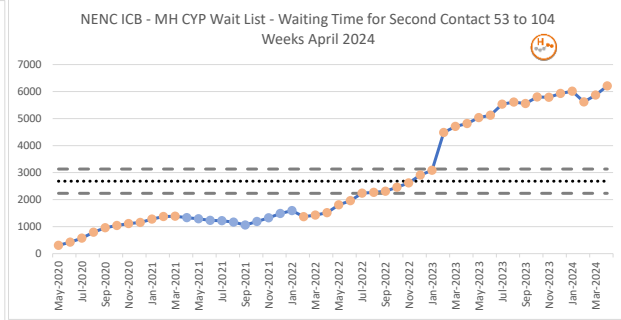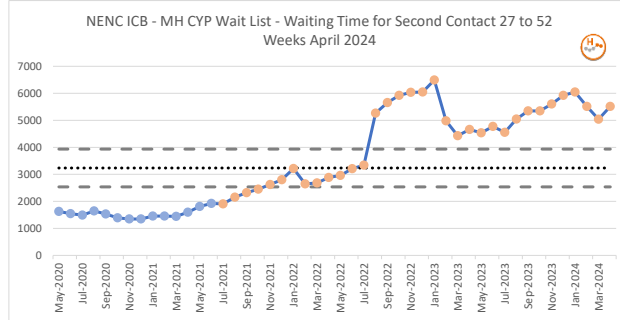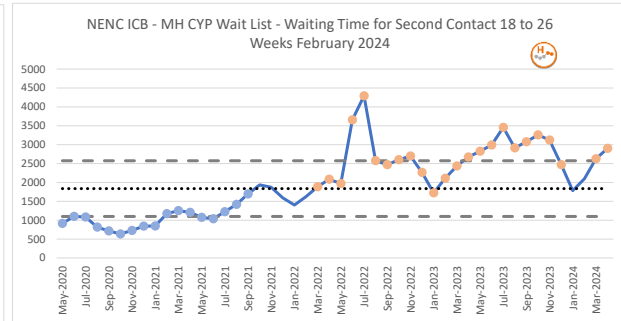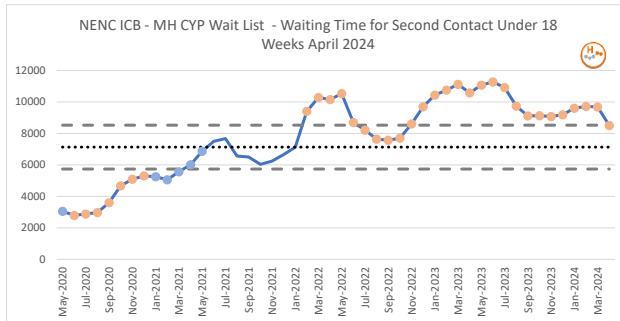
Mental Health - Adults & Older Adults Waiting List

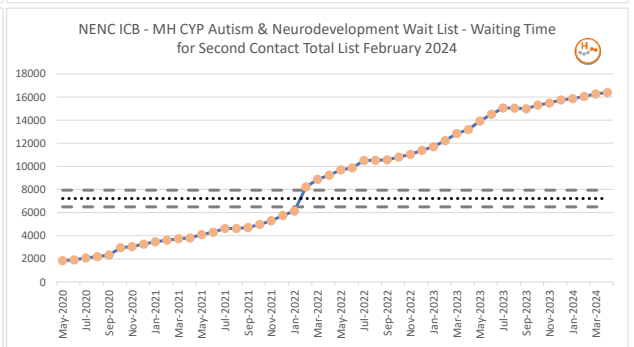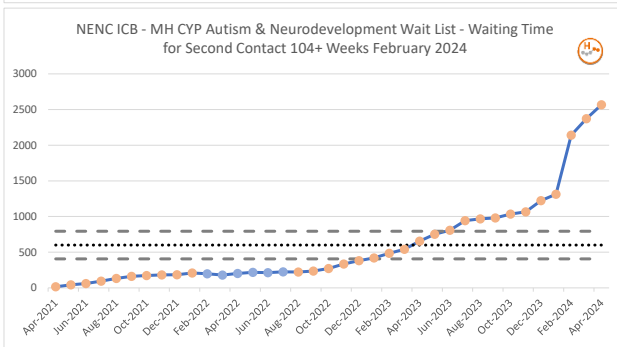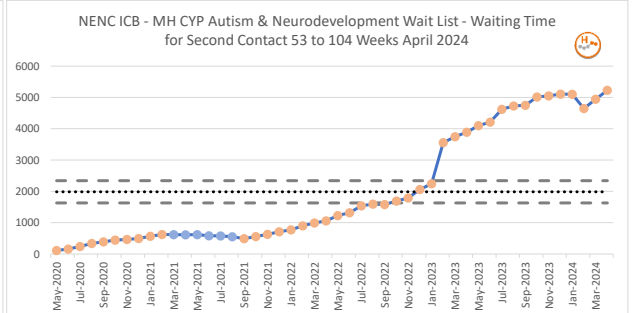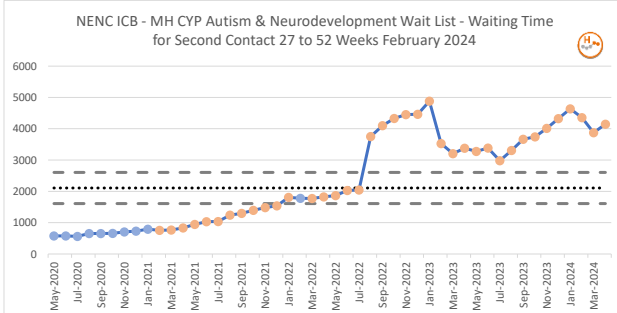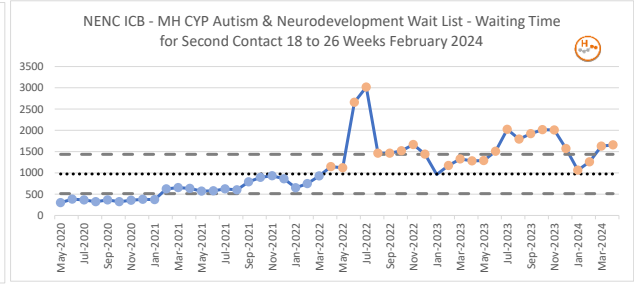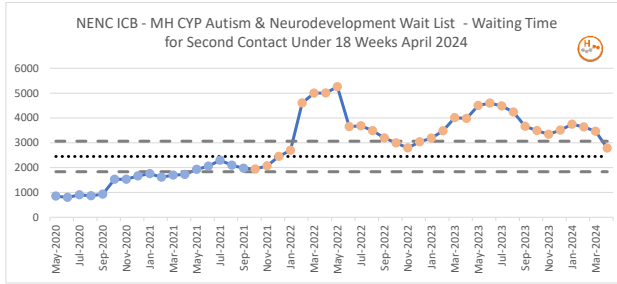| Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 23/24	England Actual	National Standard
NENC ICB - MH Adults & Older Adults Wait List - Waiting Time for 1st Direct Contact Under 18 Weeks	Apr-2024		11,457	Concern (High)		None	Not Available	None
NENC ICB - MH Adults & Older Adults Wait List - Waiting Time for 1st Direct Contact 18 to 26 Weeks	Apr-2024		2,812	Concern (High)		None	Not Available	None
NENC ICB - MH Adults & Older Adults Wait List - Waiting Time for 1st Direct Contact 27 to 52 Weeks	Apr-2024		7,051	Concern (High)		None	Not Available	None
NENC ICB - MH Adults & Older Adults Wait List - Waiting Time for 1st Direct Contact 53 to 104 Weeks	Apr-2024		10,072	Concern (High)		None	Not Available	None
NENC ICB - MH Adults & Older Adults Wait List - Waiting Time for 1st Direct Contact 104+ Weeks	Apr-2024		8,113	Concern (High)		None	Not Available	None
NENC ICB - MH Adults & Older Adults Wait List - Waiting Time for 1st Direct Contact Total List	Apr-2024		39,505	Concern (High)		None	Not Available	None

*MHSDS data subject to variable data quality between providers. All providers submitting to MHSDS included. Definition "Adult People with an accepted referral waiting for a 1st direct or indirect contact" open to difference in interpretation. Reporting to move to new national standard once supported by MHSDS.

Mental Health - CYP Autism & Neurodevelopment Waiting List

Metric	Latest Period	Plan (Month)	Actual	Variation	Assurance	England Objective 23/24	England Actual	National Standard
NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact Under 18 Weeks	Apr-2024		2,784	Concern (High)		None	Not Available	None
NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact 18 to 26 Weeks	Apr-2024		1,659	Concern (High)		None	Not Available	None
NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact 27 to 52 Weeks	Apr-2024		4,148	Concern (High)		None	Not Available	None
NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact 53 to 104 Weeks	Apr-2024		5,228	Concern (High)		None	Not Available	None
NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact 104+ Weeks	Apr-2024		2,568	Concern (High)		None	Not Available	None
NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact Total List	Apr-2024		16,387	Concern (High)		None	Not Available	None

* MHSDS data subject to variable data quality between providers. All providers submitting to MHSDS included. Definition "Children and Young People (0-17) with an accepted referral who are waiting for a first or second direct or indirect contact." open to differences in interpretation. Reporting to move to new national standard.

NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact Under 18 Weeks April 2024

NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact 18 to 26 Weeks February 2024

NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact 27 to 52 Weeks February 2024

NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact 53 to 104 Weeks April 2024

NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact 104+ Weeks February 2024

NENC ICB - MH CYP Autism & Neurodevelopment Wait List - Waiting Time for Second Contact Total List February 2024

Learning Disability & Autism Beds

Metric	Latest Period	NENC Plan (Month)	NENC Actual	Variation	Assurance	England Objective 23/24	England Actual	National Standard
NENC ICB - Number of Adults occupying an AMH bed (ICB Commissioned)	Jul-2024	161	178		Fail	Not available	Not Available	30 in every 1 million

NENC ICB - Number of Adults occupying an AMH bed (ICB Commissioned)

Legend: Adults (ICB) — Adults (ICB) Trajectory — Mean — UPL — LPL