



North East and North Cumbria

Our Reference SD\North East and North
Cumbria ICB\FOI ICB755

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12 February 2024

By Email

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received by North of England Commissioning Support (NECS) on 8 February 2024 for information held by NHS North East and North Cumbria Integrated Care Board (NENC ICB) under the provisions of the Freedom of Information Act 2000.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley (which covers the 5 councils that make it up – Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

Your Request

I would like to request information under the Freedom of Information Act please regarding the ICB's Talking Therapies / IAPT Service. I would be grateful if you could please answer the following questions:

1. Please can you confirm which organisation(s) provide your Talking Therapies Service?
2. When do/does your current Talking Therapies Service(s) expire?
3. Does the ICB have plans to re-procure their Talking Therapies Service(s), and if so, when is this process likely to start?
4. Will a future procurement process procure one service ICB-wide?

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. The following organisations provide Talking Therapies Services (split by ICB place):

North Cumbria: Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (CNTW)

Newcastle: Vita

Northumberland: CNTW is lead contractor, Mental Health Matters and Sunderland Counselling are delivery sub-contractors

Gateshead: South Tyneside and Sunderland NHS Foundation Trust (STSFT)

North Tyneside: Northumbria Healthcare NHS Foundation Trust

Sunderland: CNTW

South Tyneside: STSFT

Durham: Tees Esk and Wear Valley Foundation Trust (TEWV)

Darlington: (TEWV)

Hartlepool, Stockton, Middlesbrough, Redcar: Alliance Psychology

2. The information relating to your question 2 is available within the NENC ICB publication scheme which can be accessed on the ICB website: [Publications scheme | North East and North Cumbria NHS \(northeastnorthcumbria.nhs.uk\)](#) or please refer to our previous related request, our ref: FOI ICB505 from the NENC ICB FOI Disclosure Log at: <https://northeastnorthcumbria.nhs.uk/>

In accordance with s.21 of the FOIA, we are not required to provide information in response to a request if it is reasonably accessible to you by other means.

3. As of February 2024, NENC ICB does not have any plans to reprocur Talking Therapies services.
4. NENC ICB is currently conducting a review of all NHS Talking Therapies for Anxiety and Depression services. The first stage of this review was completed in December 2023 and recommendations will be presented to the ICB Mental Health, Learning Disabilities and Autism sub-committee on 16 February 2024. The outcome of this will not be known until this has happened.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.org.uk

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk . This will not affect your initial information request.

Yours sincerely

Sarah Davies

Sarah Davies
Information Governance Officer